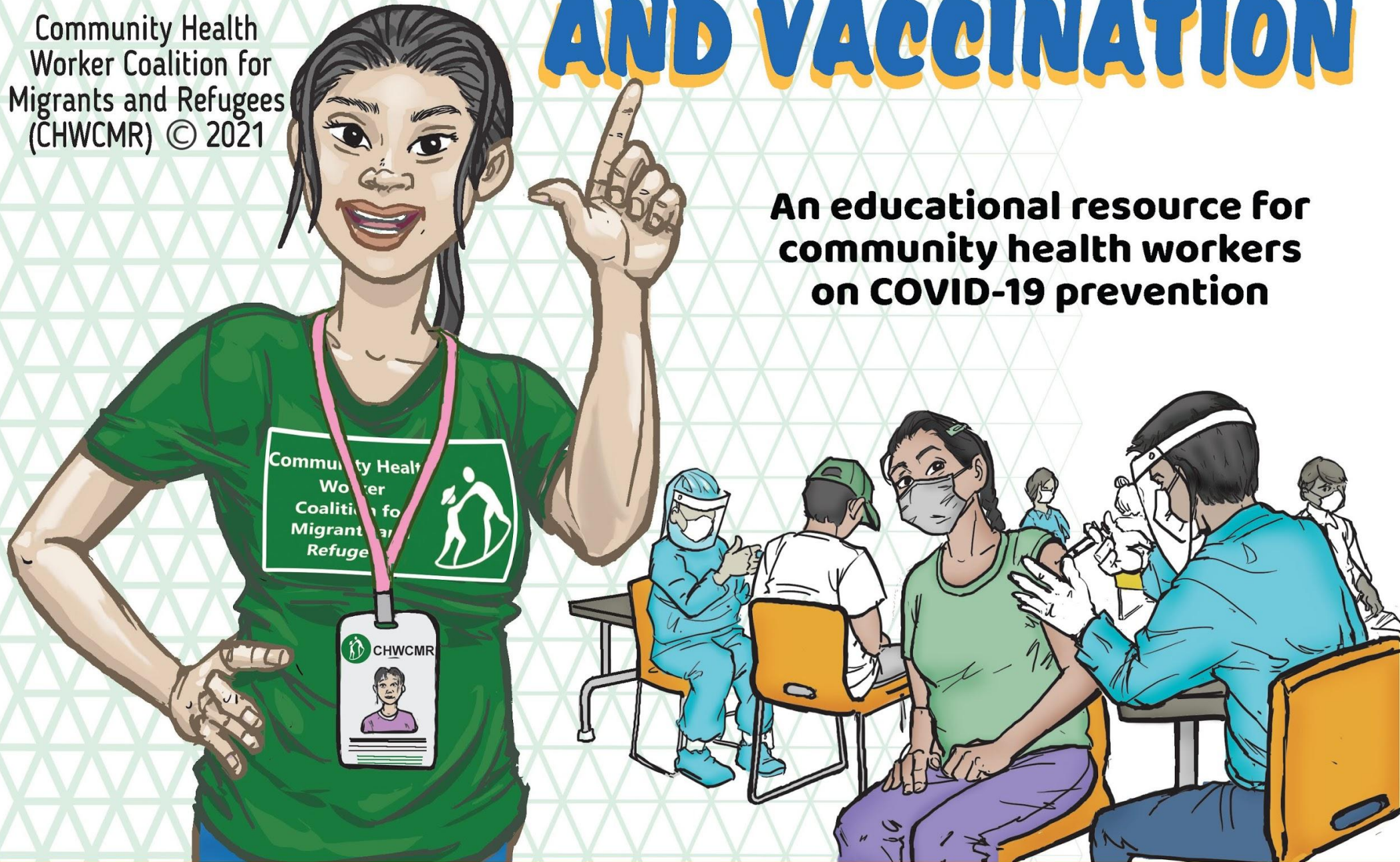


FACTS ABOUT COVID-19 AND VACCINATION

Community Health
Worker Coalition for
Migrants and Refugees
(CHWCMR) © 2021

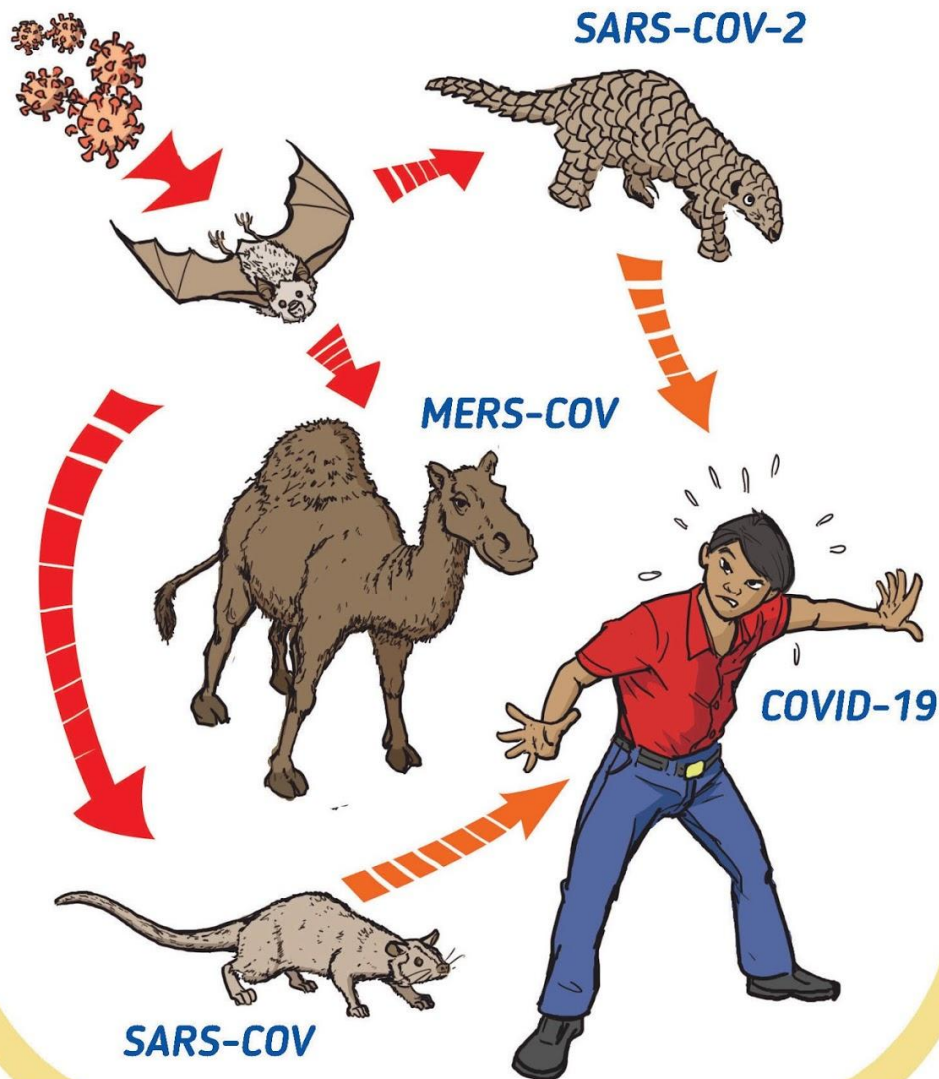
**An educational resource for
community health workers
on COVID-19 prevention**



Community Health Worker Coalition for Migrants and Refugees (CHWCMR)

Coronavirus SARS-Cov-2 causes COVID-19 disease

Belongs to the coronavirus family that cause severe acute respiratory syndrome (SARS)



It spreads through droplets coming out of an infected person's nose or mouth when coughing or exhaling



Most of the time, the disease is not serious and the body controls it in 1-2 weeks for mild illness and 2-6+ weeks for serious cases



Some people can die



COVID-19 symptoms

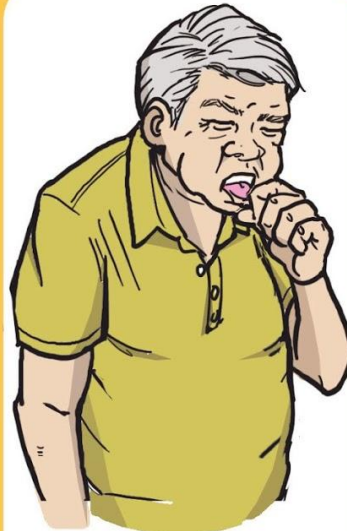
Asymptomatic



Symptomatic



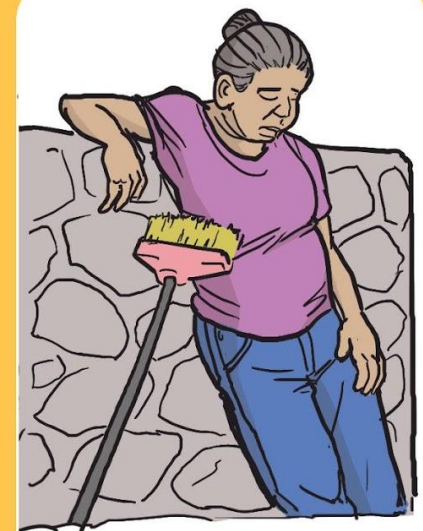
Fever or chills



Cough



Shortness of breath (feeling short of breath)



Fatigue



Muscle and body aches



Headache



Loss of smell or taste



Sore throat



Gastrointestinal problems

Long-term effects



Kidney & respiratory damage



Vaccine is a simple, harmless and effective way to protect against diseases

Contains weakened viruses or messages to:



- **ACTIVATE NATURAL BODY DEFENSES OR ANTIBODIES**
- **FIGHT AND RESIST INFECTIONS**
- **STRENGTHEN THE IMMUNE SYSTEM**

IT CAN BE GIVEN

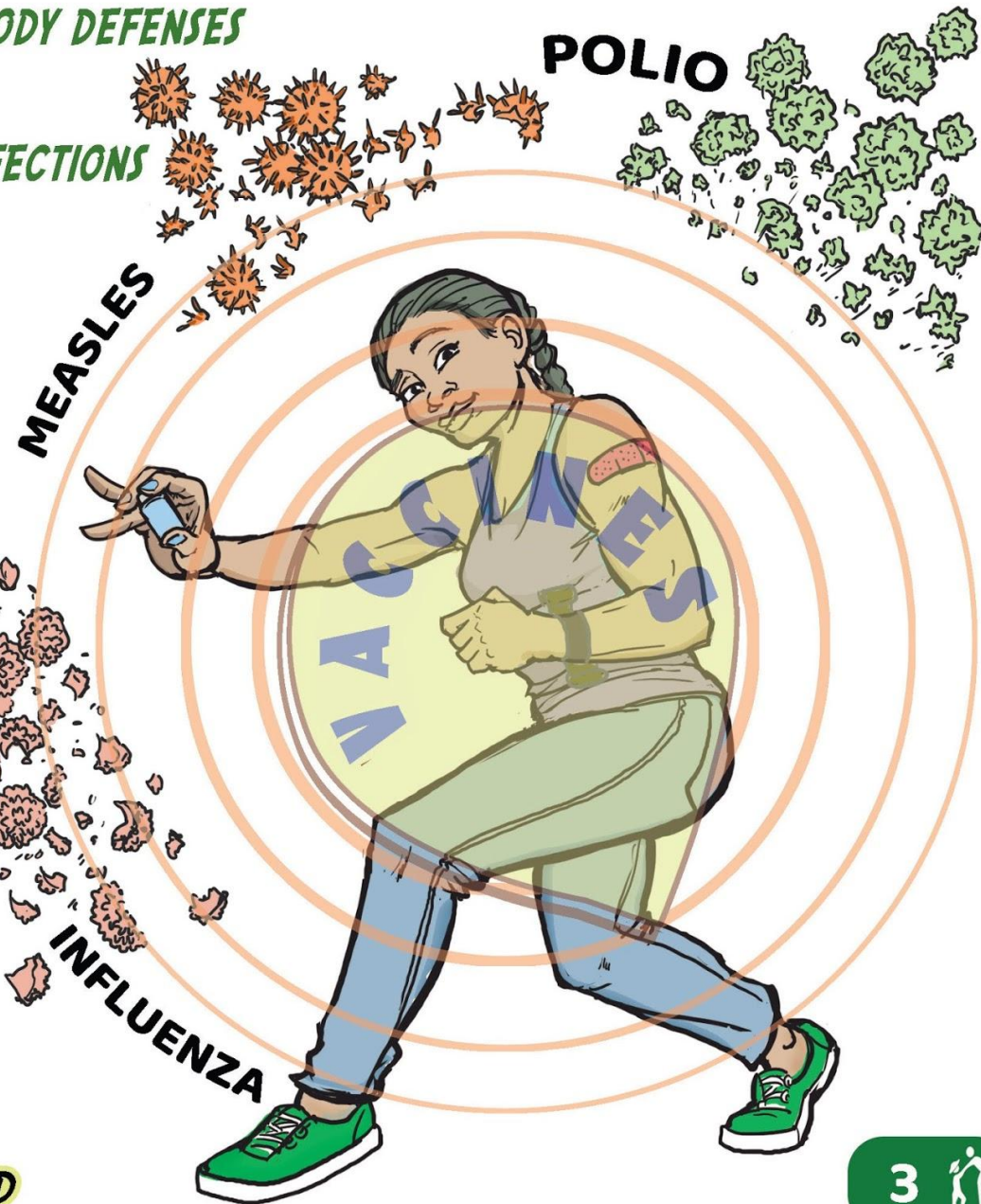
BY MOUTH



BY NOSE



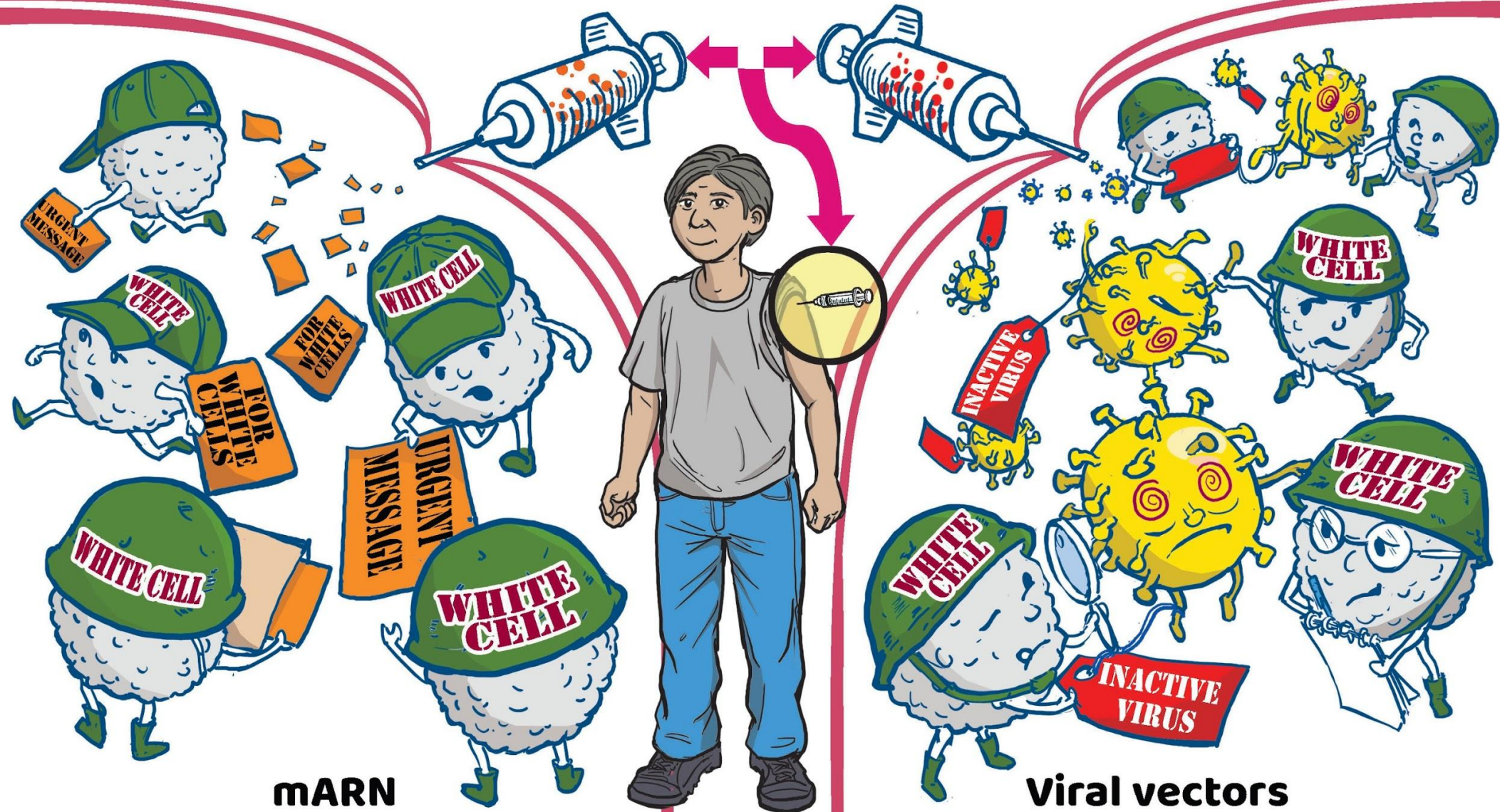
INJECTED



COVID-19 vaccines work ...

Pfizer-BioNTech and Moderna

Johnson & Johnson



mARN

Sending a message to our cells to generate a protein to awake the immune system

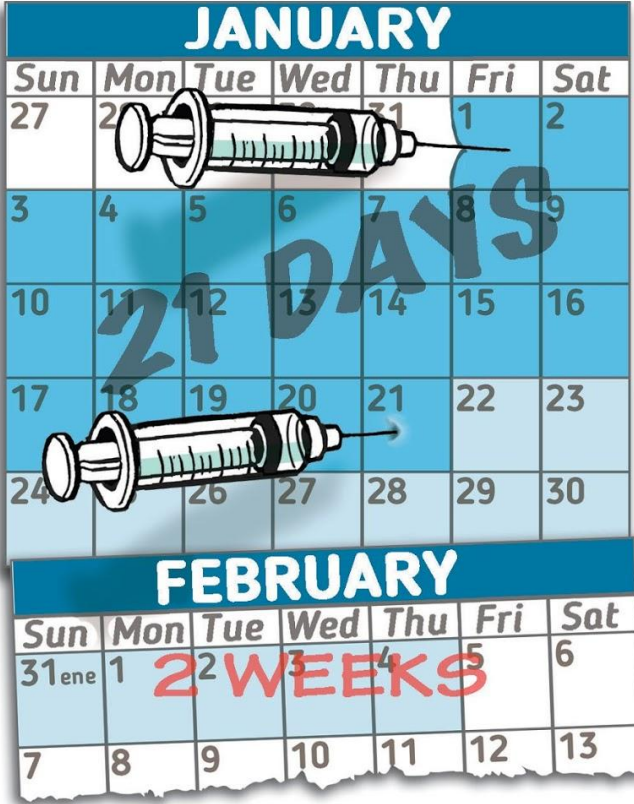
Viral vectors

Using a modified version of the virus instructing cells to start generating protection

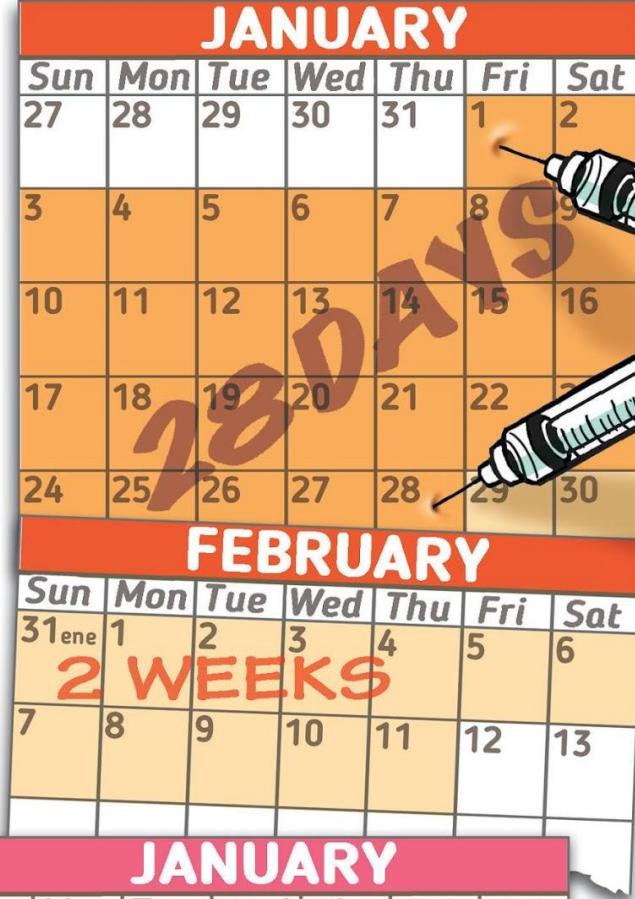


COVID-19 vaccines dosage 2021

Pfizer-BioNtech (2 doses in 21 days)



Moderna (2 doses in 28 days)



Only after 2 weeks of last dose one is protected against COVID-19



Johnson & Johnson (1 single dose)



Getting vaccinated helps protect from severe COVID-19 avoiding

Going to intensive care unit with COVID-19

Death

Getting seriously ill



Having long-term health effects



It is a lifesaver

Reminder! Return for a second dose!
Recordatorio! Regrese para la segunda dosis!

Date / Fecha	
Vaccine	mm / dd / yy
COVID-19 vaccine / Vacuna contra el COVID-19	mm / dd / yy
Other	

Use only for reminder purposes. Do not use for scheduling or medical visit. Check with your healthcare provider to ensure you are receiving the correct vaccine. Do not use for scheduling or medical visit. Check with your healthcare provider to ensure you are receiving the correct vaccine. Do not use for scheduling or medical visit. Check with your healthcare provider to ensure you are receiving the correct vaccine.

It's common to have symptoms after getting vaccinated

These are signs that the body is generating protection
The most common effects are



arm redness and swelling



Symptoms disappear in 1-3 days

fever and nausea



general tiredness

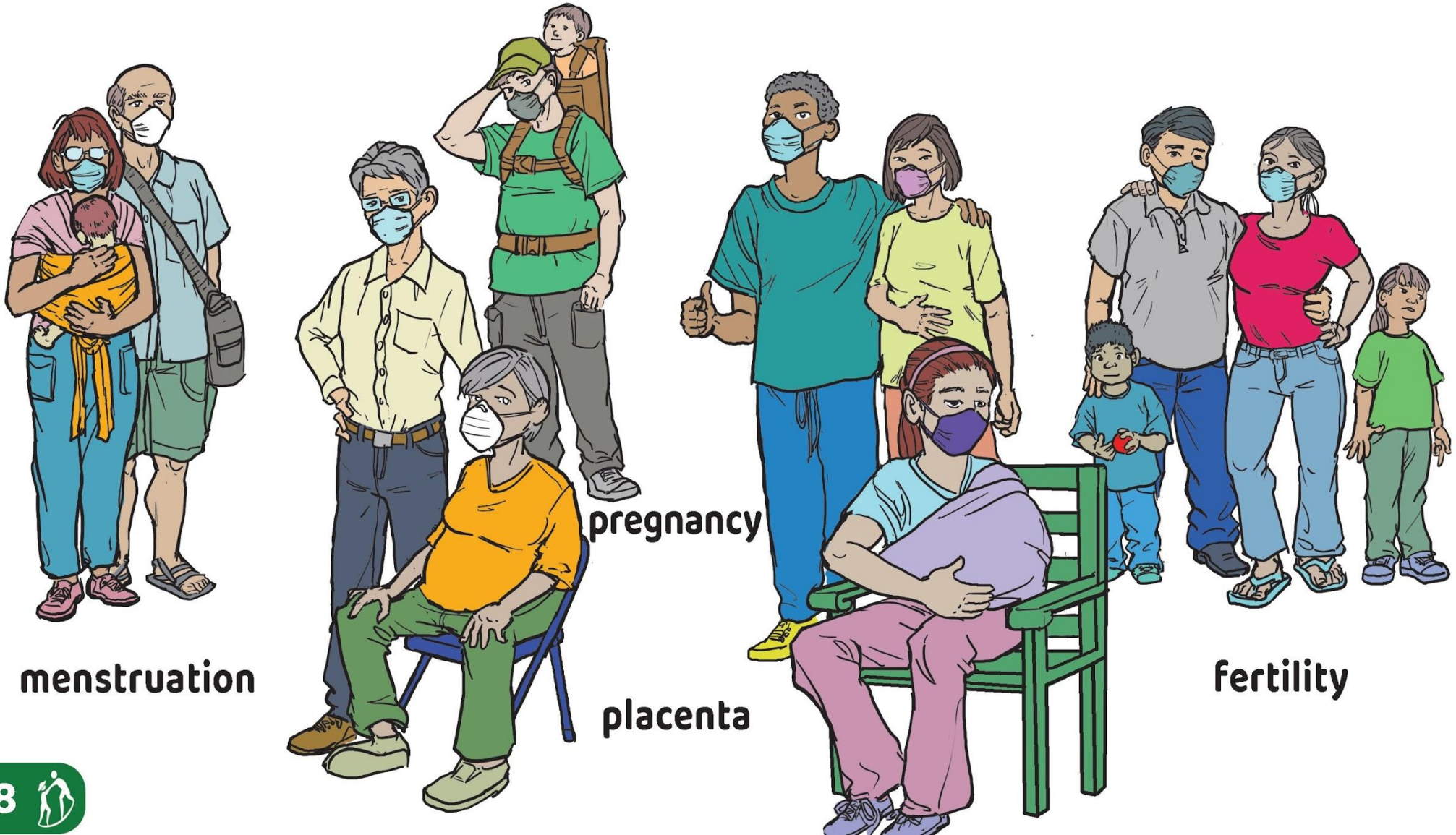


chills



COVID-19 vaccine does **NOT** affect men's or women's fertility

There is **NO** evidence that it causes problems on



menstruation

pregnancy

placenta

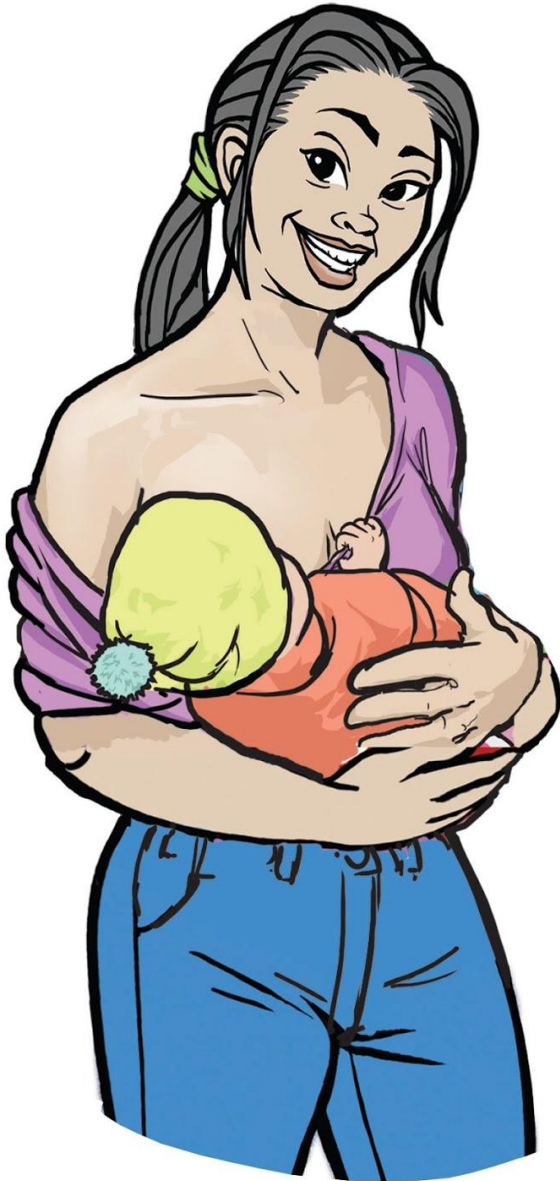
fertility



Women who are pregnant or breast-feeding **CAN** be vaccinated

It's safe for pregnant women

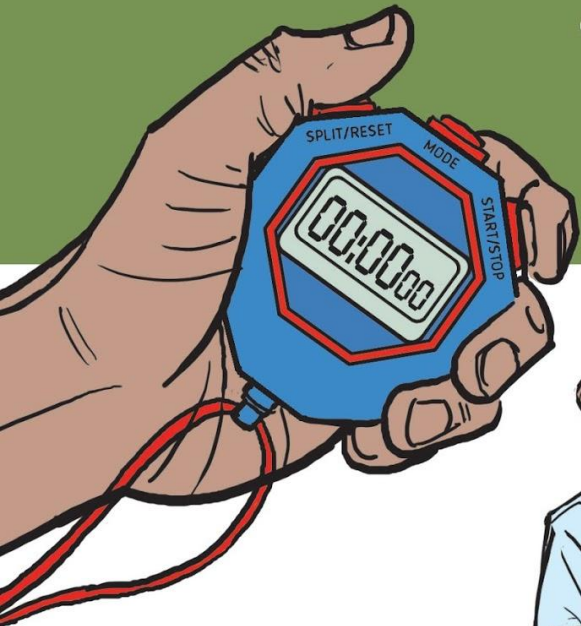
During pregnancy there are hormonal and immune changes and it can increase the chance of respiratory viral infections, such as COVID-19



Talk to your doctor about your questions

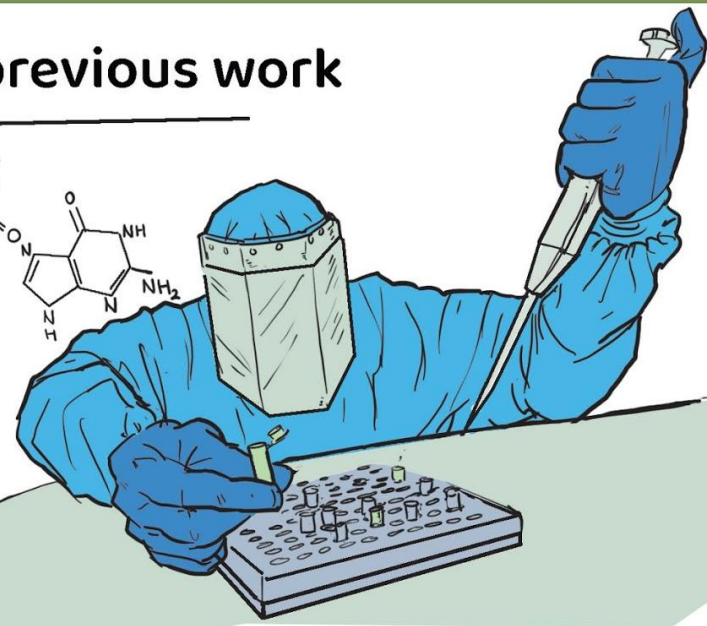


Vaccines against COVID-19 are safe even though they were made quickly



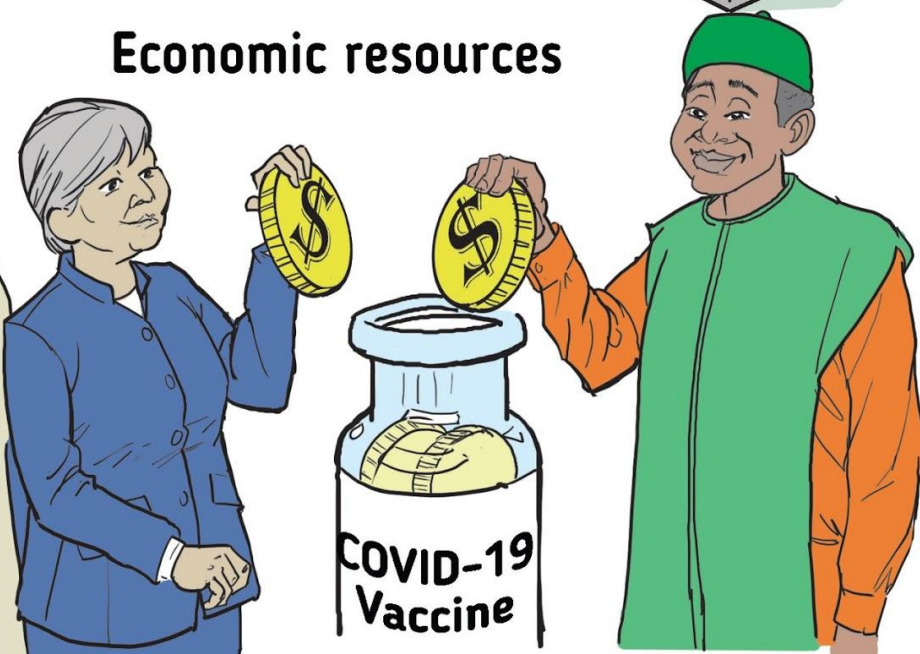
Other SARS vaccines

They are based on the previous work



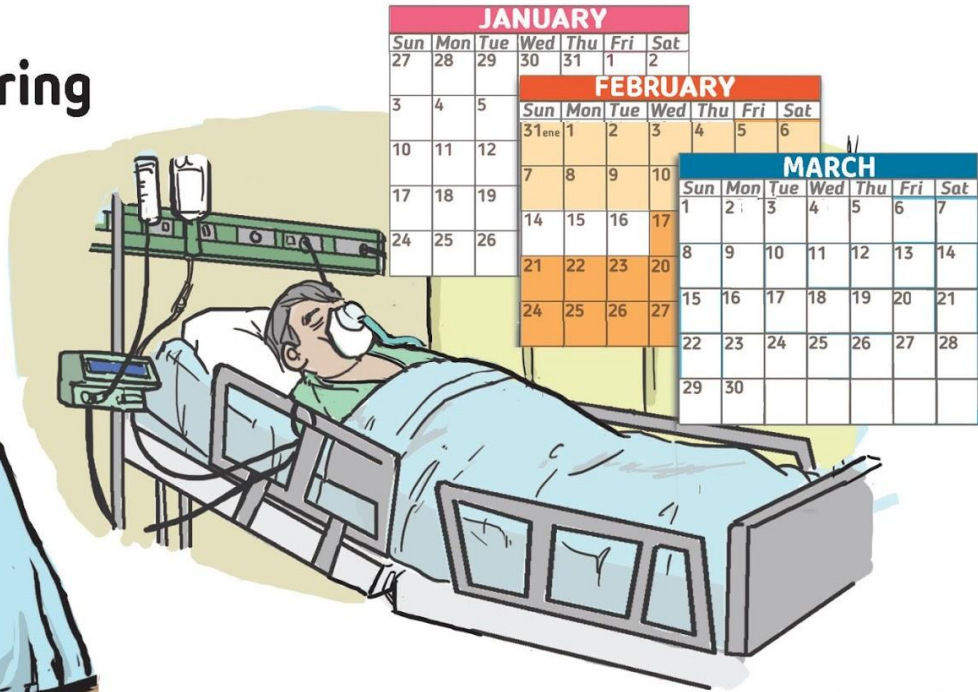
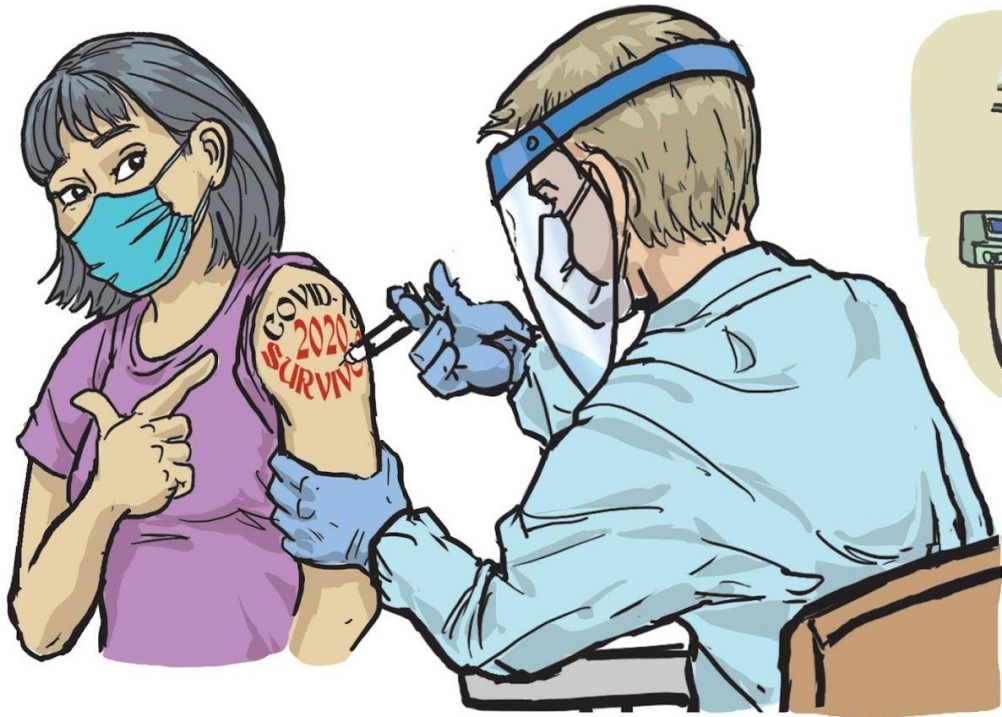
Advances in science

Economic resources



Everyone should get vaccinated

Even if you had COVID-19
It is possible to re-infect after recovering



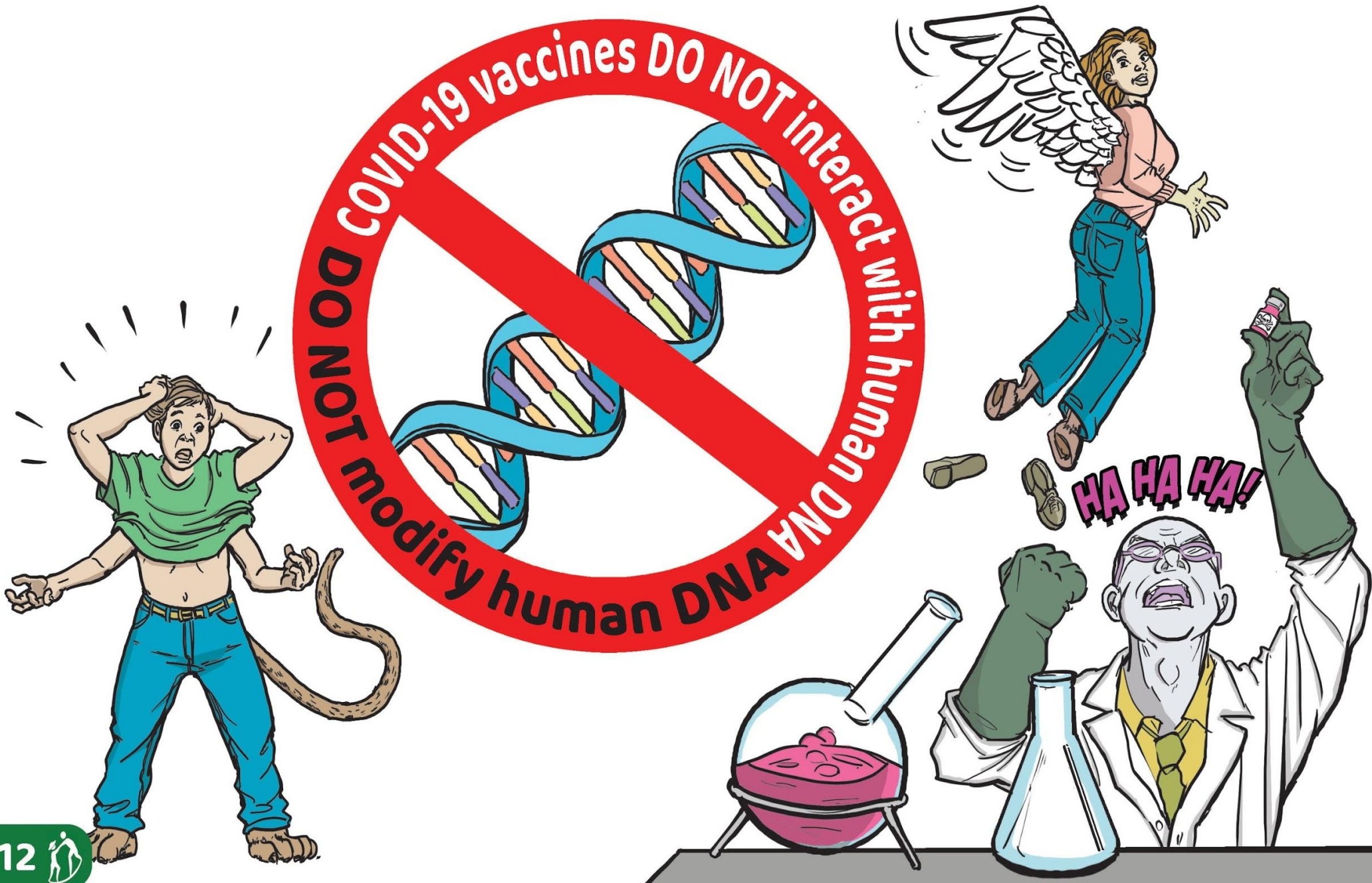
If you received monoclonal antibodies or
convalescent plasma, you should wait 90 days



Talk to the doctor
if you have any questions

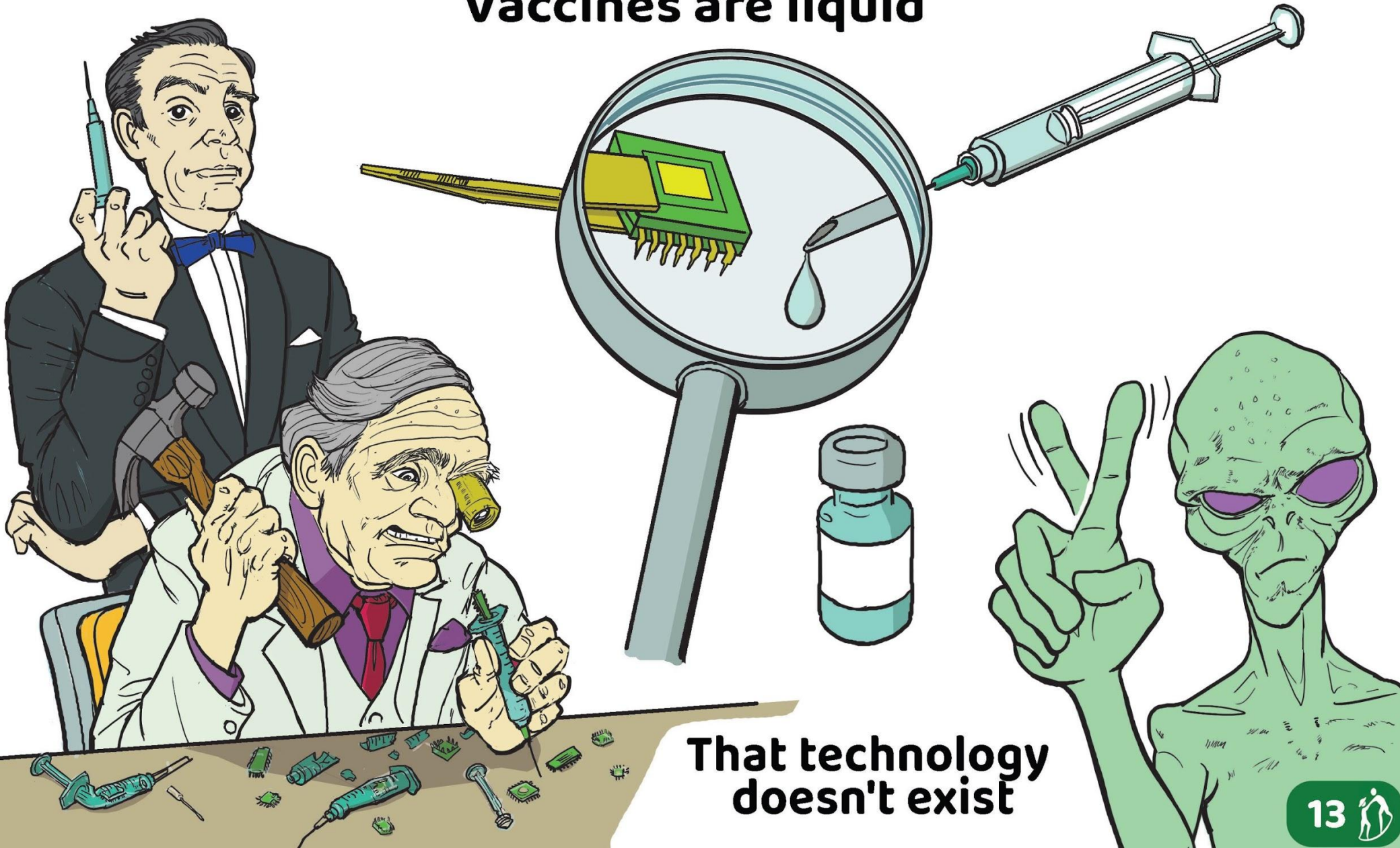


Vaccines **DO NOT** change human genetic material



Vaccines **DO NOT** contain microchips

Vaccines are liquid



That technology
doesn't exist

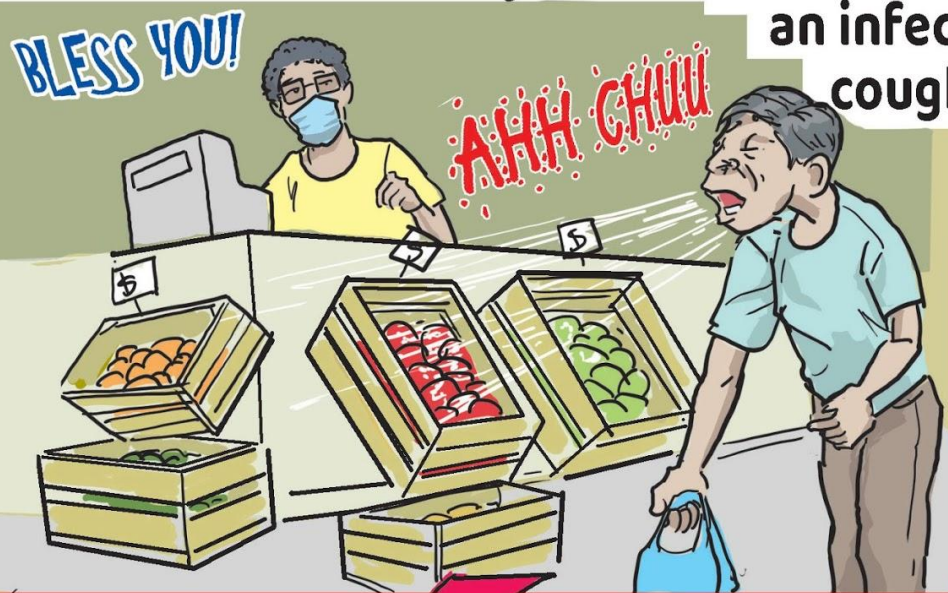


5G network DOES NOT causes COVID-19



Viruses don't move through air waves or mobile networks

COVID-19 is transmitted by: Small drops expelled when an infected person coughs, sneezes or speaks

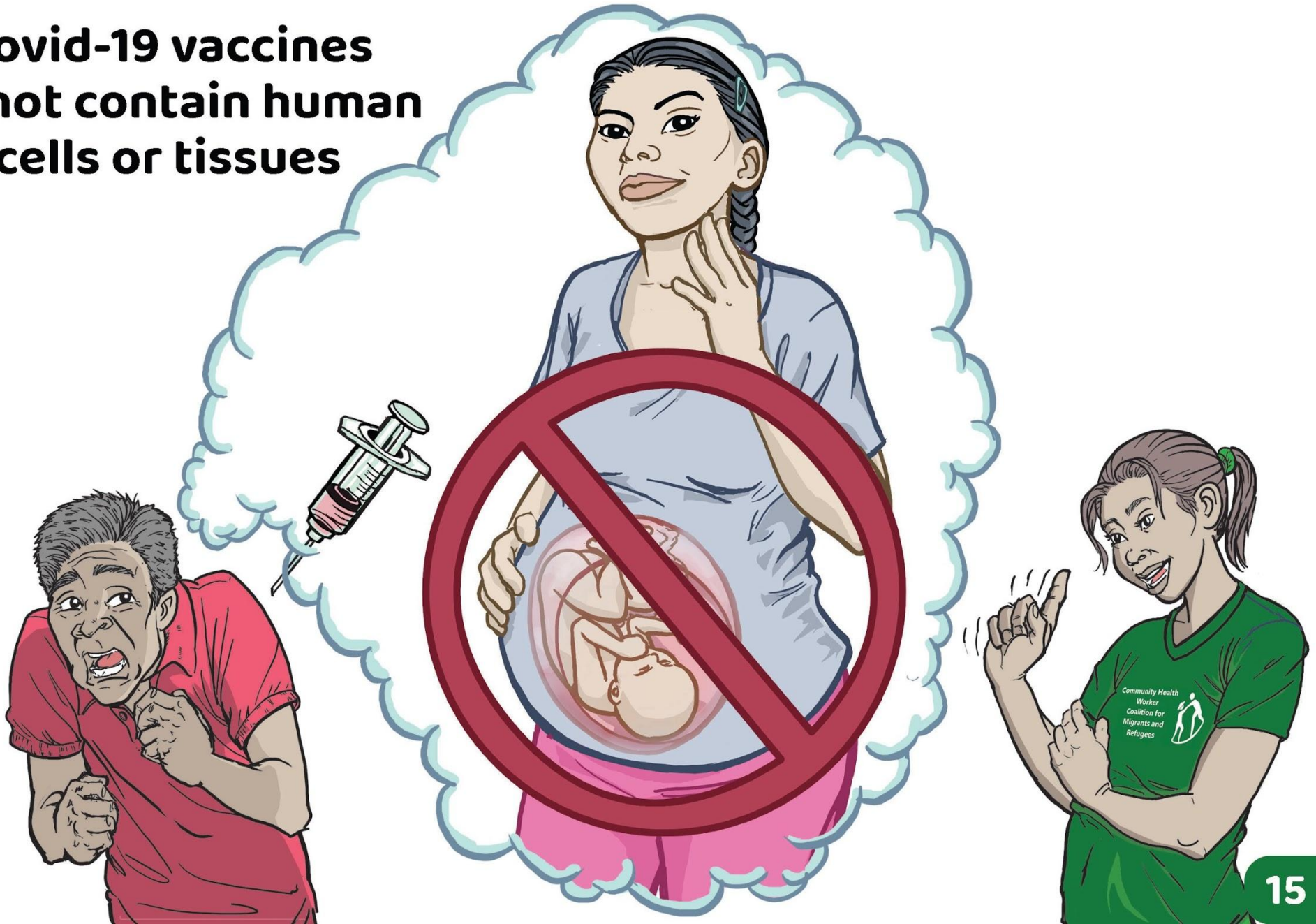


Touching contaminated surfaces and then touching eyes, mouth or nose

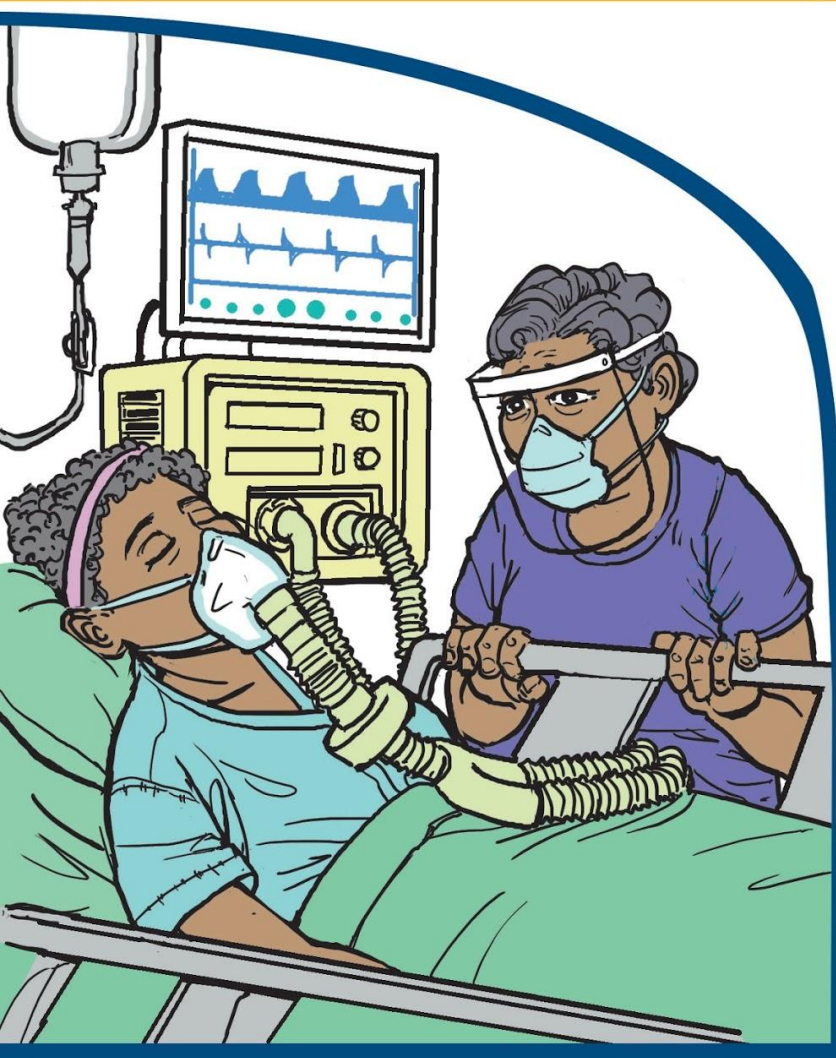


COVID-19 vaccines are **NOT** made of fetus cells

Covid-19 vaccines do not contain human cells or tissues



It's better to get vaccinated than get COVID-19



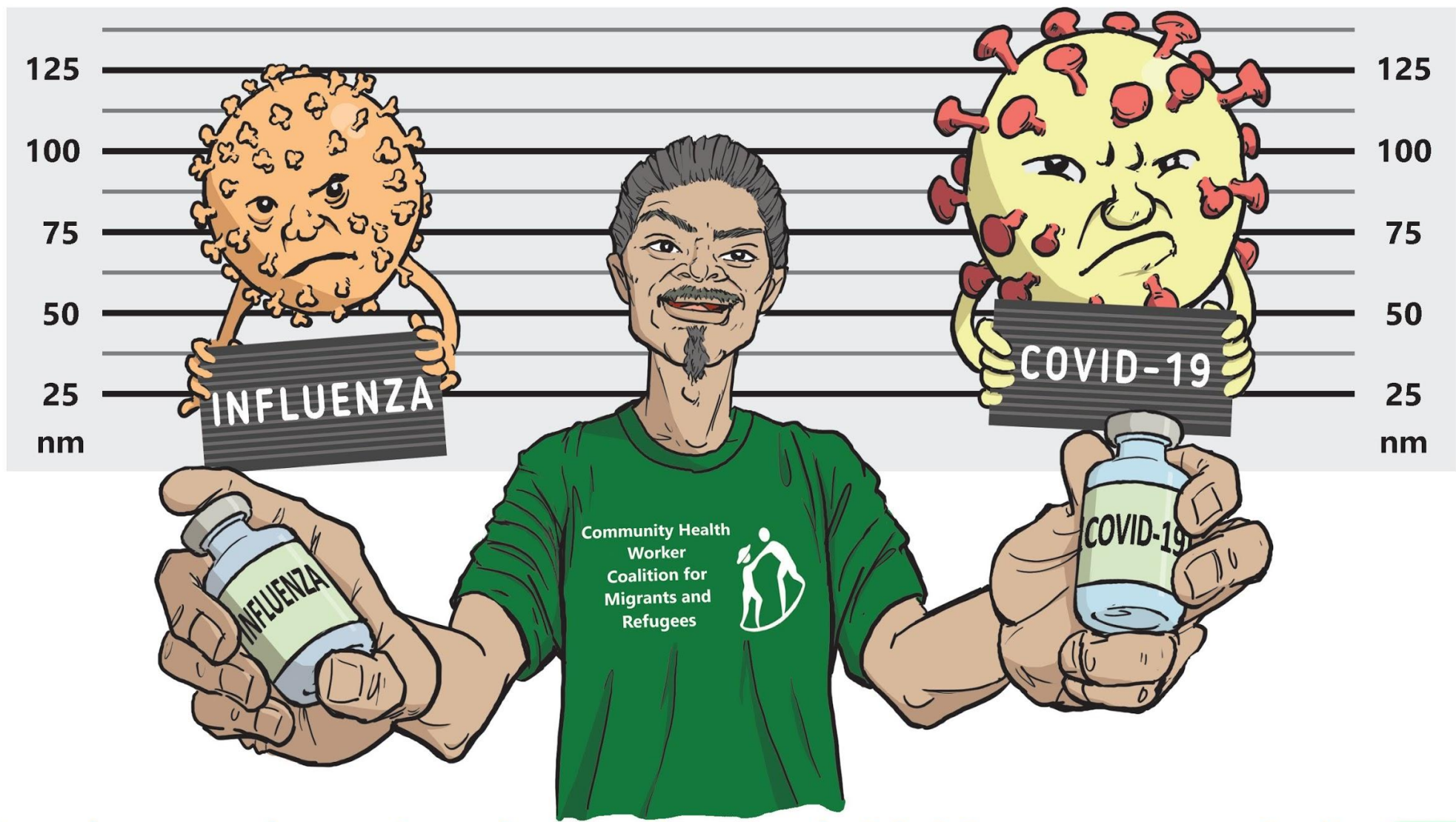
Vaccination protects against long-term effects and death



Vaccines create antibodies or immunity

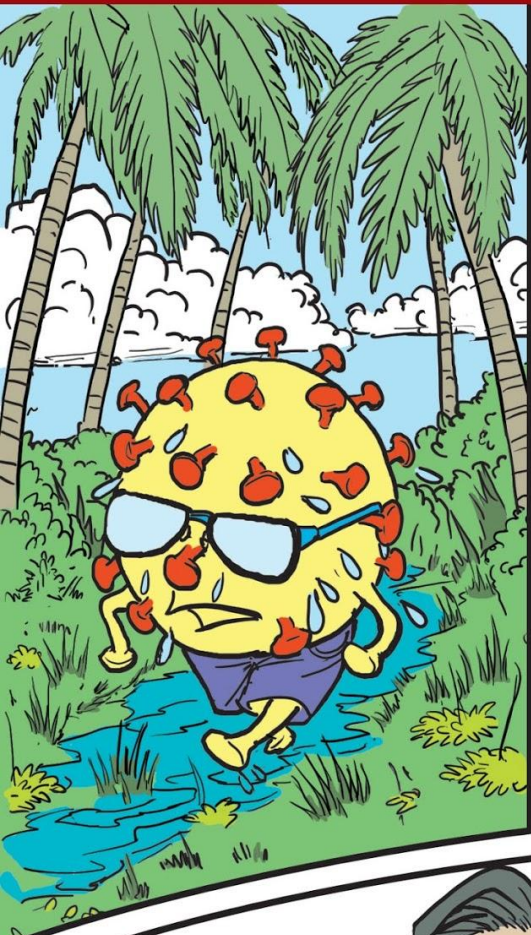
Influenza vaccine does **NOT** protect against COVID-19

This coronavirus is a new and different virus and needs its own vaccine



Getting vaccinated against Influenza is highly recommended!

The virus survives in all kinds of climates and conditions

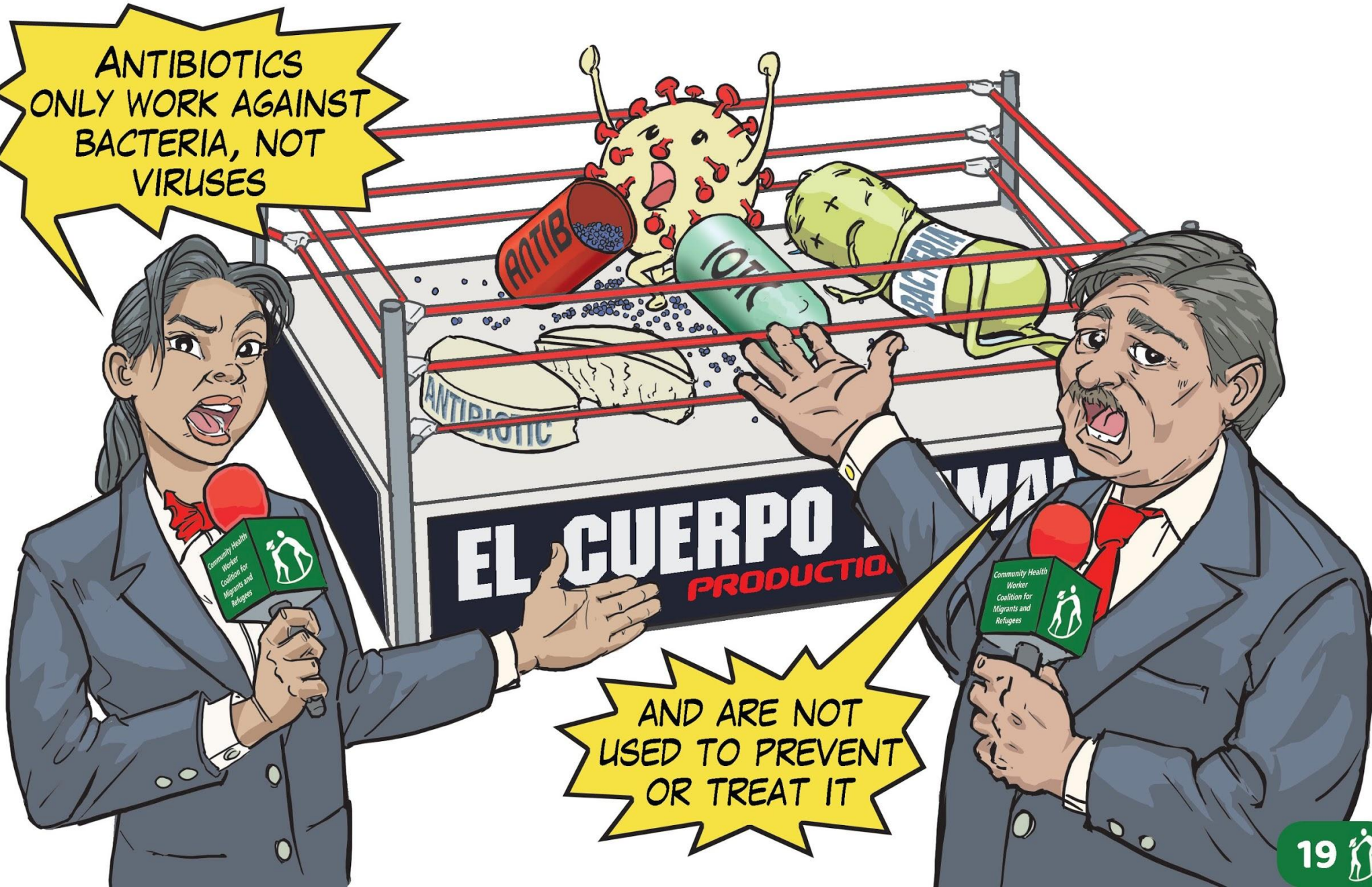


Cold or heat, wet or dry conditions do not kill the virus. In cold climates there is more transmission of respiratory diseases.



Antibiotics **DO NOT** treat the virus or prevent COVID-19

ANTIBIOTICS ONLY WORK AGAINST BACTERIA, NOT VIRUSES



AND ARE NOT USED TO PREVENT OR TREAT IT



Garlic and chilly are tasty, but **DO NOT** prevent or cure COVID-19

Garlic and chilli are healthy, nutritious and tasty foods



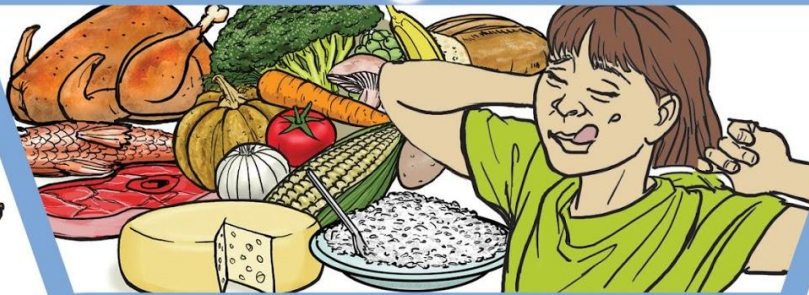
No evidence that they protect against COVID-19

Protecting yourself from COVID-19 is in your hands

Distancing



Eating well



Being active



Vaccination clinic



Vaccination!



Washing your hands



Using facemask



Drinking water



Sleeping well

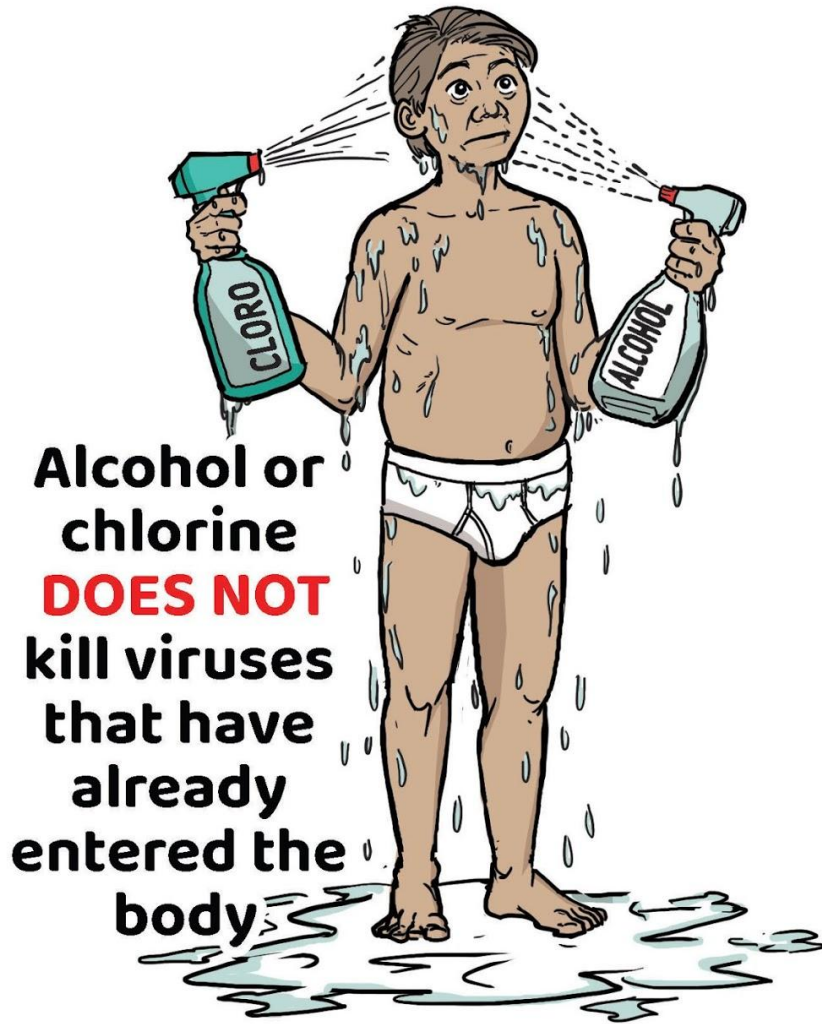


Rinsing the nose with saline water or gargling does **NOT** prevent from getting COVID-19



There is no evidence that these practices prevent COVID-19

You can **NOT** kill the virus by spraying the body with alcohol, chlorine or bleach



Alcohol or chlorine
DOES NOT
kill viruses
that have
already
entered the
body



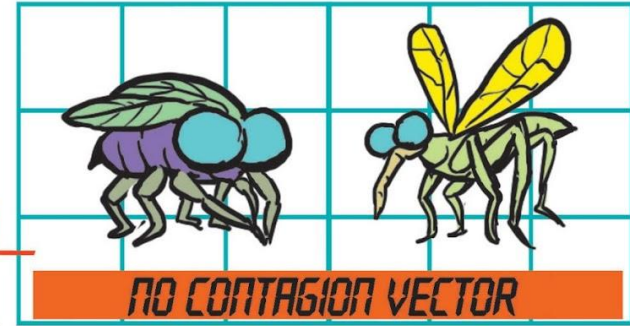
Drinking methanol, ethanol or
bleach **DOES NOT** prevent or cure

These substances are dangerous and cause harm when you drink them



Mosquitoes or common flies **DO NOT** transmit SARS-Cov2 virus

To date, there is no evidence of transmission through mosquitoes

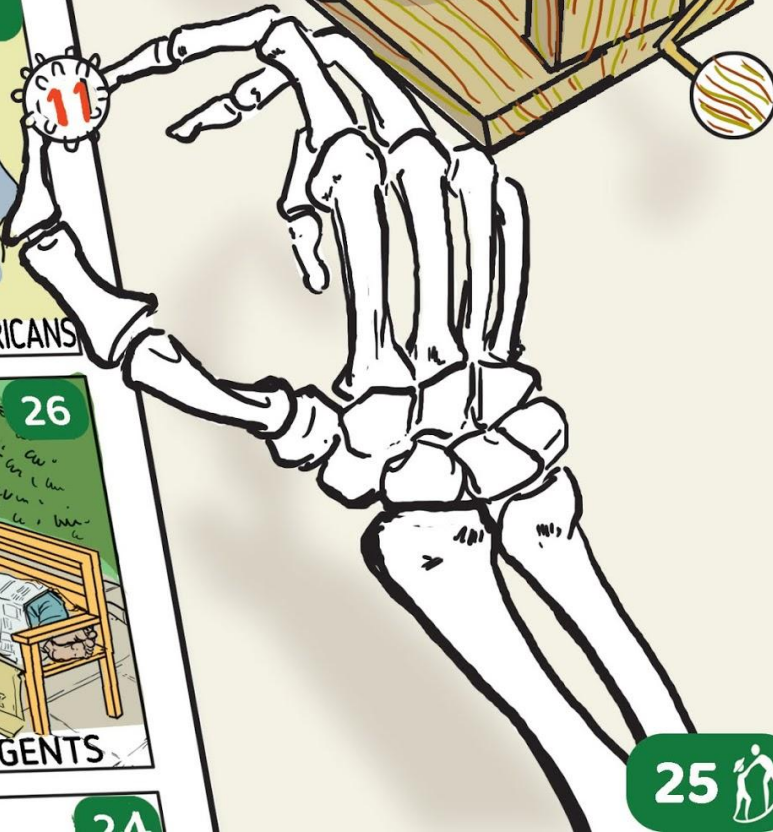
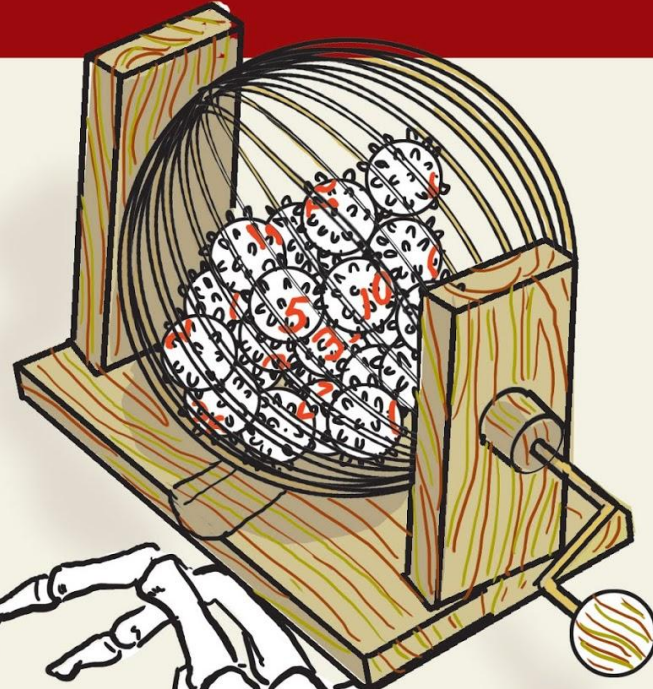
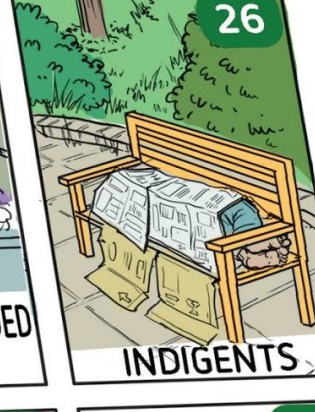
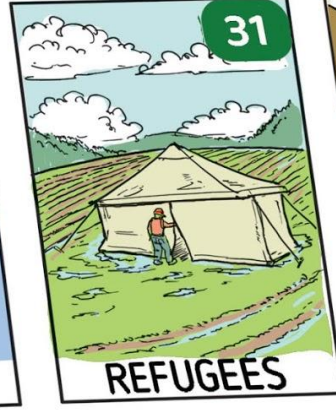
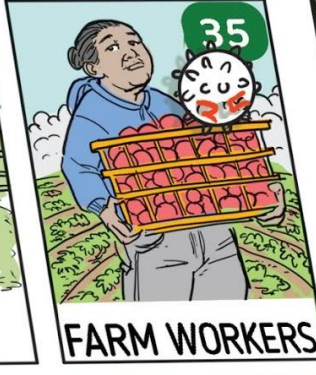
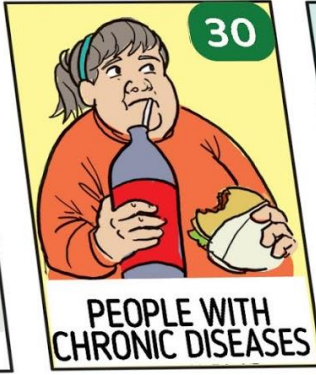


It is a virus that spreads through contact with respiratory drops of an infected person



when coughing, sneezing, exhaling or talking

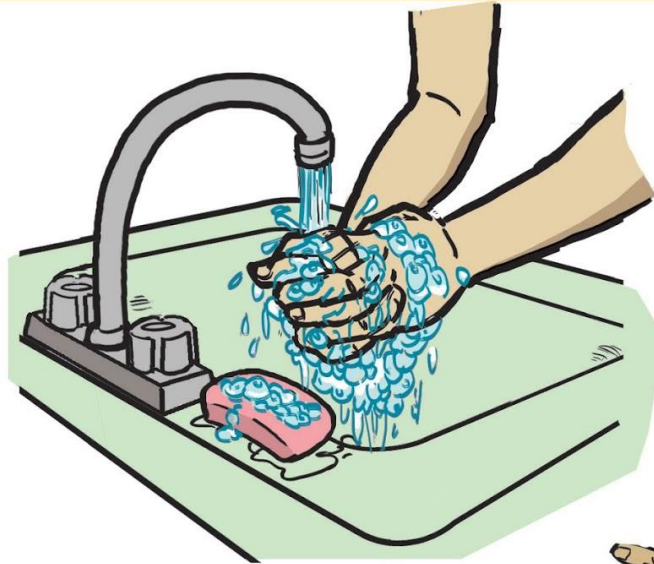
The virus affects the most vulnerable



Even vaccinated, protective measures must be followed



Use of face cover



Handwashing



Social distance



VACCINATION!

Avoid spreading gossip about COVID-19 vaccines. Defend the truth and help reassure your family about the safety and efficacy of vaccines

Detect the difference between facts and fiction

Respond with correct and clear Information when possible

Don't spread falsehoods

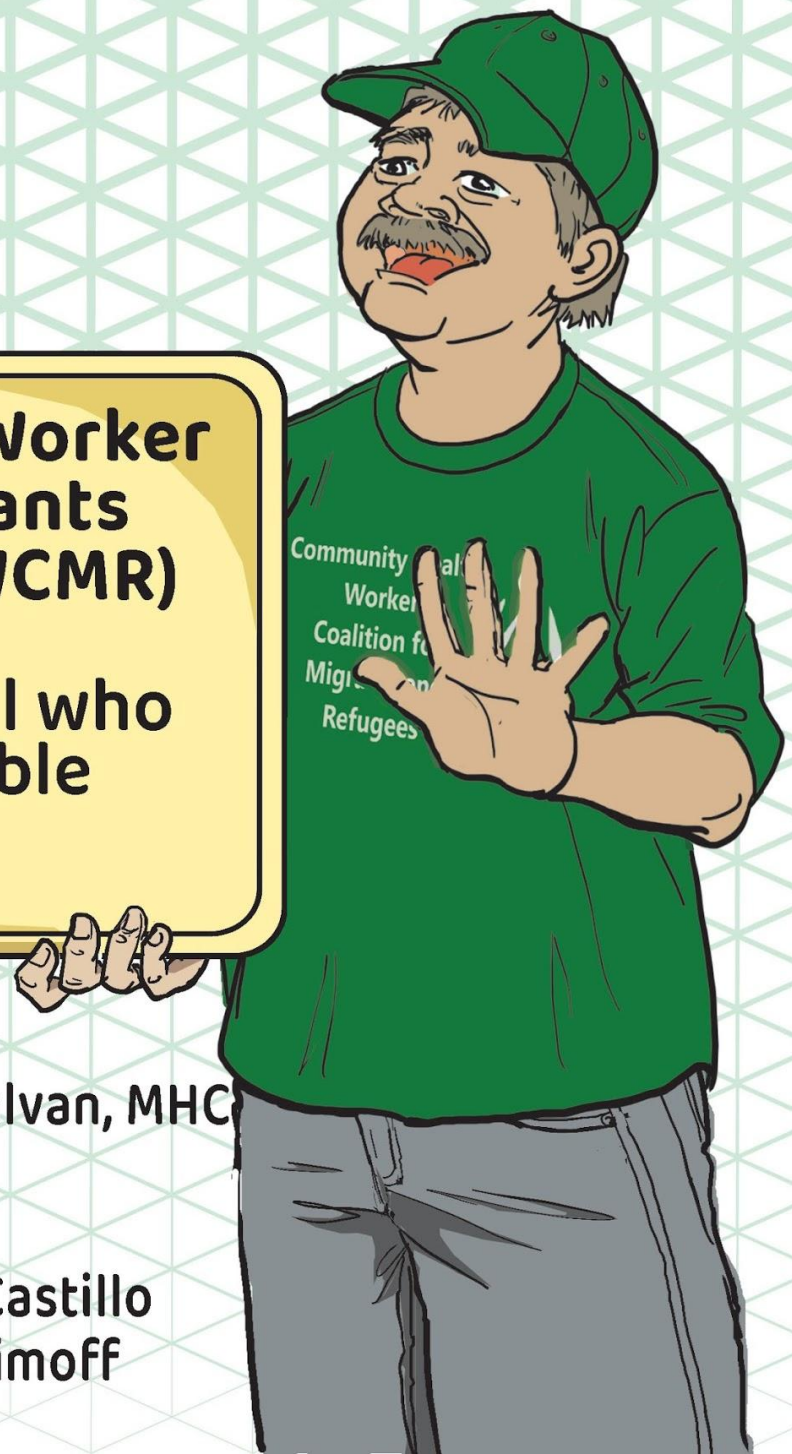
Report the incident by sharing the
screenshot or link to the
naleo-ca@tips.junkpidia.org
www.chwcoalition.org





**Community Health Worker
Coalition for Migrants
and Refugees (CHWCMR)**

**Special thanks to all who
have made possible
this project**



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