We are a statewide 501c3 organization and we envision a world of health equity, social and environmental justice for migrant and refugee communities.

Board Of Directors
We advocate for social and environmental justice for CHWs serving Migrants and Refugees.
ABOUT CHWCMR

MISSION
To increase the capacity and competencies of CHWs / Community Champions for meeting the needs of underserved communities by creating sustainable opportunities, implementing innovative solutions, and cultivating productive partnerships.

VISION
Achieve health equity, social and environmental justice in migrants and refugees’ communities.

VISION
- Compassion
- Respect
- Honest
- Leadership
- Integrity
- Hard work
- Accessible and trusted members of the community
Not everyone knows our story of contribution and success, I am Ileana Ponce-González, I was born in Managua, Nicaragua, I graduated from the Faculty of Medicine of the University of Nicaragua, and Clinical Genetics from the University of Chile before I came to the US. I received a Master Degree in Public Health degree from the Johns Hopkins School of Public Health.

My family immigrated to the United States as refugees due to political conflict in our home country in the 80th. When we arrived in the US, we worked hard, my parents and brother worked 3 jobs, while paying for my education at the University. When I graduated and worked for the National Institute of Allergy and Infectious Diseases and then the Agency for Healthcare Research and Quality as a Scientific Review Officer to improve the lives of all Americans. I founded the CHWCMR, a 501c3 organization, serves migrants and refugees in Washington.

My whole life has been dedicated to fighting against social, environmental, and health disparities. It is a myth we are a burden on the US government, on the other hand, I have been paying a lot of taxes and I am very happy that this money can help everyone who needs it. The truth is that many Latinx have been helping to make this nation great, a land of opportunities and freedom.
OUR TEAM

ILEANA M. PONCE-GONZALEZ
MD, MPH

FOUNDER AND EXECUTIVE DIRECTOR

I, Ileana Maria Ponce-Gonzalez, was born in Managua, Nicaragua a land of volcanoes and lakes. As a physician and public health practitioner I am living my dream to dedicate my life to my community, particularly those who are in most needs.

MARISOL COLLANTE
PROGRAM MANAGER

My name is Marisol Collante. I’m from Chile, I qualified as a Special Education Teacher, that I practiced for about 14 years. Today I’m Program Manager of the Organization a challenge that I take with great responsibility and gratitude.

OSWALDO J. WONG
COMMUNICATION AND PROGRAM COORDINATOR

My name is Oswaldo J. Wong, Communication and Program Coordinator. As a communicative and coordinator, I believe in effective communication and organization to support the mission of our organization.

OMAR GARCIA FERNANDEZ
PROGRAM COORDINATOR

I am Omar Fernandez G., serving as the Program Coordinator for the Coalition. Born in Mexico City, as an immigrant and LGBTQ+, I am very proud, because my life is driven by hard work, hope, and dreams. My overall goal is to continually evolve and expand my knowledge, drawing inspiration from the diverse individuals I encounter, all while maintaining a profound sense of gratitude.

MARIA L. MORENO
COMMUNITY NAVIGATOR

My name is Maria Moreno, a Mexican from the state of Michoacán. As a community navigator for CHWCMR, I have been in the Coalition for over a year helping our community with available resources.

"My phrase is do good without looking at who. But especially to those who have just arrived in this country.”

SANDRA MARTINEZ
LAY LEADER

I am from Colombia and I manage the program of Oral Health. I am very proud to be part of CHWCMR, because I have the opportunity to help the community to improve their quality of life. My mission in life is to help and support people.
CHW Radio Los Originales is much more than a radio station; it is a vital resource for the community. The station has proven to be an invaluable support for CHW’s, providing updated information, entertainment, and connection at a time when the community needs it most.

Our program development is guided by needs assessments conducted by CHWs to address social injustice and health disparities in their communities. We create health educational programs ways to serve our communities.

CHW Radio Los Originales is much more than a radio station; it is a vital resource for the community. The station has proven to be an invaluable support for CHW’s, providing updated information, entertainment, and connection at a time when the community needs it most.

Our website isn't just our organization's portal; it's our central hub for work and activities. We continually update it to showcase the diverse styles and cultures of our team and CHWs. It serves as both a current program guide and a historical archive of our community work in Washington state.
ART THERAPY

Our Art Therapy Program in 2023

- All canvas, acrylic painting and rest of materials were submitted for free
- The art therapy is one of the most popular project with 100% of participating
- Every two week parents joined with children to paint together
- Benefit 18 participant experience depression

Participants is from 3 to 65 years old
CHWCMR/CHOICE

In 2023, Our CHWs provided with Health and Social services to people tested positive for COVID-19 through the CHOICE Program in the Central Western Washington region.

293

Encounters

- Employment
- Adult learning
- Medical home
- Health insurance
- Family planning
- Pregnancy
- Postpartum
- Medications assessments
- Education
- Social services
- Medical referral
- Housing
- Behavioral Health
- Tabaco cessation
- Family planning

CHWCMR and CHOICE are committed to ensuring that everyone, regardless of their background or circumstances, has the opportunity to live their healthiest life by addressing disparities and championing fairness and justice in health, social, behavioral, and community services.
CHWCMR, DOH, AND DH CDO
ADDRESSING COVID-19

25 CITIES
- Everett,
- Edmonds,
- Lynnwood,
- Marysville,
- Seatac,
- Auburn,
- Kent,
- Orting,
- Granger,
- Renton,
- Sunnyside,
- Outlook,
- Des moines,
- Burien,
- Pasco,
- Seattle,
- Kenmore,
- Tacoma,
- Puyallup,
- Granger,
- Yelm,
- Bonney Lake,
- Issaquah,
- Yakima,
- Lacey.

22 CHWS
10K Reached Communication Campaign
11 Workshop
110 Participantes
The goal of our Walking Together Program is to increase awareness of and activate support for people with perinatal depression. During the year 2023, 8 modules composed of workshops and support groups were held, benefiting 58 participants from across the state of Washington. This effort has been possible thanks to the collaboration of the Perigee Foundation.

Participants came from 33 cities in the state of Washington. The breakdown of the cities is as follows:

The second phase of the project officially began on October 5, 2022 and ended in July 2023.
Workshops

1/25/2023
Taller en Entre Hermanos - 21 participants from Kent, Seattle, Burien, Lynnwood, Charlotte, Puyallup, Lakewood, Bellevue
Containers for recycling for participants were provided

2/10/2023
Taller Virtual - 25 participants from Everett, Lynnwood, Edmonds, Bothell, Mountlake Terrace

4/8/2023
Taller EWC - 18 participants from Auburn, Everett, Bothell

4/12/2023
Taller en Lynnwood - 32 participants from Everett, Edmonds, Lynnwood, Mountlake Terrace, Bothell, Redmond, Seatac, Marysville, Kirkland, Snohomish

5/27/2023
Taller en Lynnwood - 25 participants from Lynnwood, Edmonds, Everett, Mountlake Terrace
In 2023, we continued with our effort to reduce solid waste among migrants and people working on landscaping by training 100 participants and conducting an intensive communicative campaign on proper handling and risks associated with pesticide management in Washington State.

Throughout the year, we engaged in a series of panels, interviews, and social media event discussions led by Dr. Ileana Ponce, CHW with migrants, growers, and experts in the field of pesticide management and environmental protection against hazards.
In 2023, CHWCMR & Edmonds Food Bank collaborate to provide healthy and safety food to families in Snohomish by year-end.

This endeavor has been an exciting journey, focusing on providing quality food and dedicating time to serve the community as endorsed by the coalition.
Community Health Worker and Front and Centered collaborated to engage Latinx youth in Environmental Justice. The participants learn about project management, leadership, and communication skills. Our three ambassadors, Jesse, Rosita & Adrian, had the opportunity to facilitate the presentations they created and shared resources in their communities to foster dialogue and reflection on topics regarding pollution, restoration, connections between culture and nature, food sovereignty, transportation, energy, and more.
WIC AMBASSADORS SNOHOMISH

THE WIC PROGRAM (WOMEN, INFANTS AND CHILDREN NUTRITION PROGRAM) OFFERS HEALTHY FOOD AND OTHER BENEFITS TO FAMILIES, ESPECIALLY PREGNANT WOMEN, NURSING MOTHERS, NEWBORNS AND CHILDREN UNDER FIVE YEARS OF AGE. IN 2017, WIC REACHED ABOUT 275,000 PEOPLE IN WASHINGTON, INCLUDING NEARLY HALF OF THE BABIES IN THE STATE. HOWEVER, THE DISPARITY IN THE POPULATION WE SERVE PERSIST BECAUSE 33% OF LATINX BABIES AND MOTHERS WHO QUALIFY FOR WIC STILL DO NOT HAVE ACCESS.

OUR CHW’S AMBASSADOR WIC PROGRAM ENSURE THAT ALL LATINX BABIES AND MOTHER WHO QUALIFY FOR WIC IN SNOHOMISH COUNTRY ARE INVOLVED IN THIS PROGRAM

- 41 Referrals
- 800 Reached People
- 10.5K Campaign Communication
- 90% Contacts for WIC Information are Latinx, Migrants, and Refugees
Community Health Worker Coalition for Migrants and Refugees is working with youth to reduce discrimination among Latinx in Snohomish.

Social injustice and racism are two words hard to hear, although we are an important part of Washington State, we have experienced discrimination, and racism based on our accent, color skin, culture, sexual orientation, and only because we are Latinx. Our children and youth are emotionally treated and stereotyped as dummies. Unfortunately, there is a structural barrier faced by people who are victims of racism and discrimination, and most of the time these attacks go unnoticed. Therefore, CHWCMR and the Snohomish County Executive Office are working together to create meaningful changes and combat racism in our county. Our Program, Youth Ambassador for Social Justice, developed a communication campaign to educate our youth about what to do if they are victims of racial attacks, here is the narrative of Mrs. Margarita, a Latinx community leader who shared her own experience with her son within the School System in Snohomish.
In 2023 oral health workshops were conducted to reduce health disparities. An oral health fair to receive free cleaning was offered to the community along with training ambassadors to help educate people on oral health and the benefits.

- **DENTAL APPOINTMENTS**: 16
- **TRAINED PARTICIPANTS**: 20
- **ACTION PLANS**: 23

A 5-month program was created to assist participants in their groups to improve their health benefits by increasing water consumption. By being a part of this program, participants received resources and information to achieve the goal of improving their health habits.
Self-care is an important part of mental health. Our CHWs represent to agricultural workers, refugees and undocumented people of our community.

As a CHW, sometimes the needs of the community look overwhelming and most of the times frustrated. This is for all social and environmental barriers that we have to face to advocate for those who don't have a voice. Therefore, CHWCM has some programs dedicated to our self-care.
Thank you for joining us during these 10 years of learning and experience. We invite you to celebrate with our CHWs another year of struggle, learning, education and communication.

Walking Together, we reduce injustices in health, social and environmental care.
THANK YOU

24315 89th Pl W, Edmonds, WA, 98026

425 678-8011

www.chwcoalition.org