



Community Health
Worker Coalition for
Migrants and Refugees



2022



ANNUAL REPORT

Community Health Worker Coalition
for Migrants and Refugees

www.chwcoalition.org

Community Health Worker Coalition for Migrants and Refugees

VISION

Achieve health equity, social and environmental justice in migrants and refugees' communities.

MISSION

To increase the capacity and competencies of CHWs / Community Champions for meeting the needs of underserved communities by creating sustainable opportunities, implementing innovative solutions, and cultivating productive partnerships.

VALUES

Compassion
Respect
Honest
Leadership
Integrity
Hard work

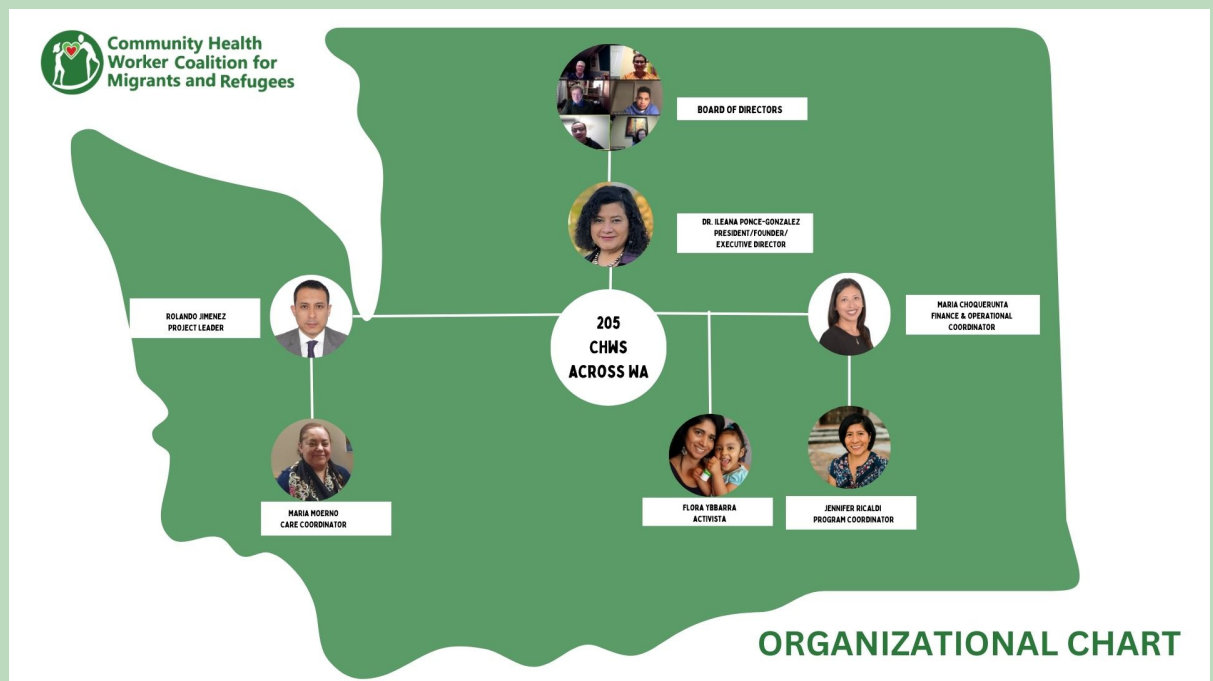
Accessible and trusted members of the community

**We advocate for health, social and environmental justice for
CHWs serving Migrants and Refugees**

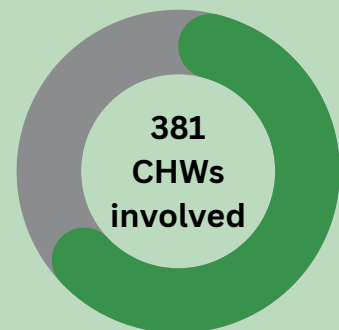
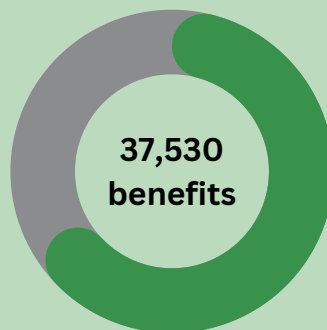
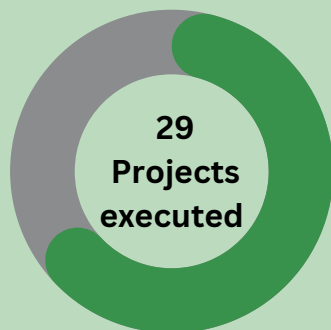


Community Health Worker Coalition for Migrants and Refugees - CHWCMR

Our fight against
social injustice and
health equality is
endless
by
Dr. Ponce



We advocate for health, social and environmental justice for CHWs serving migrants, refugees, and undocumented migrants



Thanks to our Coordinator of Finance and Operation

GRACIAS!

Shinte ini - u!

MALTYOX!

Chonte!



Maria Choquerunta

Meet the heart of our Finance and Operations.

Thank you for your tireless work, the late nights and early morning, and all hours between.

Thanks for your work ethic, it blows us all away.

TLAHZOCAMATY!

YUJ WAL DIOS!



Reflection from our served Communities

“
For many years I tried to obtain the ITIN, however, my limitations with the language and technology did not allow me to achieve it. I met a person who offered to help me and charged me \$2,000 to do nothing, I was very disappointed, until I met CHWCMR, who without asking for anything in return helped me get the ITIN and provided resources for me and my family. Thanks to CHWCMR, I know that there are selfless people who are here to help us by Gaspar – Shelton, WA
”

“
"I have received a lot of assistance from the support group, they have helped me a lot. I just had my baby, he is two months old, I needed help and they gave me a lot of information and they continue to give me the information I need. I thank you very much for the support you have given me by Oralía-Toppenish, WA
”

“
I started at CHWCMR a year ago taking a COVID 19 workshop. From there I was interested in knowing how CHWCMR helps people, and I became a member of the Organization. The opportunity that CHWCMR gave me has changed my way of seeing life. I wake up every day knowing that thanks to them I have learned to use technology, send emails, search for information, send documents, etc. Not only that, thanks to the part time that I work with them I am able to maintain my home and I am helping other families looking for community resources and giving hope that there is help for them too. And as we say in Mexico "SI SE PUEDE" when someone believes in you. Thank you CHWCMR for believing in me by Maria M – Lakewood, WA
”

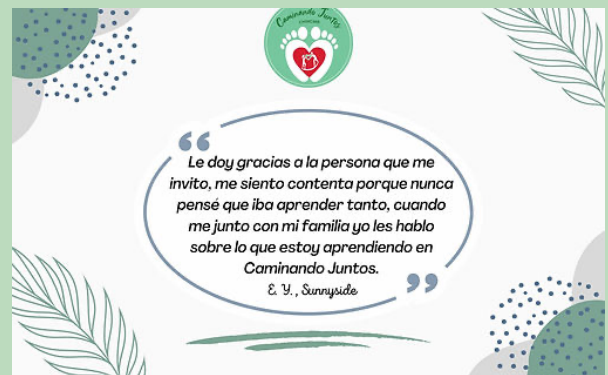
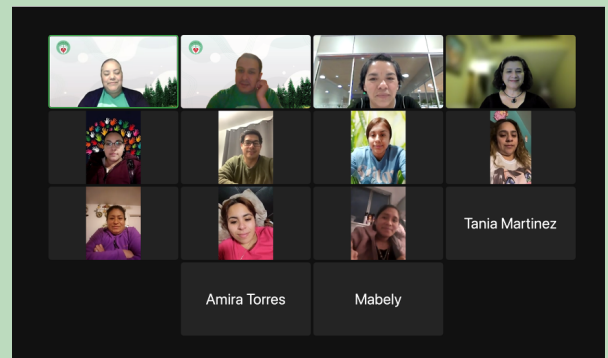
ACCOMPLISHMENTS

MENTAL HEALTH

Walking Together

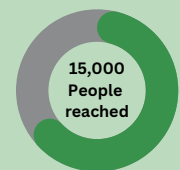
CHWCMR developed a training manual and curriculum that focuses on perinatal depression for our "Walking Together Program" run by CHWs due to the unmet need of mental services in our communities since 2021.

The curriculum consists of a series of 8 workshop modules, each module was developed by a multidisciplinary group of professionals, specialists in clinical psychologist, perinatal depression, maternal-child health, pediatric and CHWs. Each theory-based workshop is followed by a support group meeting with community navigation. Ten CHWs have received extensive training in group peer support, home visits, and perinatal depression. They are using a peer-to-peer model to facilitate the workshops and support groups with a total of 50 participants from 33 cities in Washington State. The community navigation focuses on connecting our participants to local social and health services.



CHWCMR developed 2 community conversation (virtual and Central WA) focused on mental health needs with a total of 71 participants.

Art therapy session were done to increase bonding among parent and children every Tuesdays. CHW led outside activities to raise awareness of the importance of taking care of ourselves for 185 members of our communities.

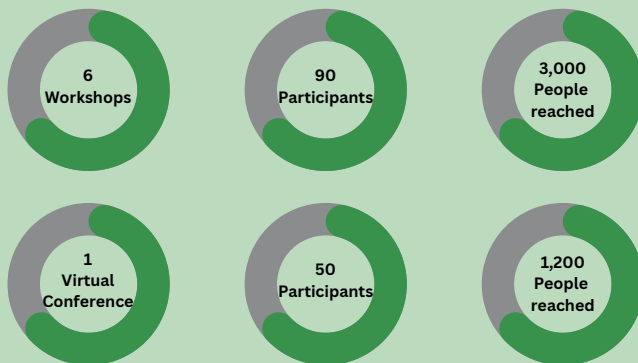


ACCOMPLISHMENTS

ORAL HEALTH

We conducted oral workshops to reduce oral health disparities among 90 Mesoamerican Indigenous in 7 Mesoamerican languages: Mixtec, Mam, Qanjobal, Triqui, Nahuatl, Garifuna, and Purepecha around the state and provided them with economic relief after the workshops, since the participants were deeply affected by COVID-19. This training included the development of a cultural and linguistically appropriate flow chart and booklet and a social media campaign.

The first virtual and bilingual conference "Addressing oral health among underserved communities" was held with 50 participants and the support by the Arcora Foundation in 2022.



SOCIAL JUSTICE

Low access to the ITIN is one of the principal barriers faced by our target populations. Since 2021 we provided the ITIN to 15 families in WA.



First Virtual Conference Agenda

Free

- 8:00-8:10 AM WELCOME
- 8:11-9:00 AM **ORAL HEALTH NEEDS IN UNDERSERVED COMMUNITIES** BY KEYNOTE SPEAKER: DR. BEATRICE K. GANDARA.
- 9:01-9:30 AM **A CHW MODEL ADDRESSING ORAL HEALTH DISPARITIES** BY DR. SUSANA MANRIQUEZ.
- 9:31-10:00 AM **ORAL HEALTH GALLERY PRESENTATION (CHW'S CHILDREN AND PARENTS)** BY CHW'S MARIA MORENO & SANDRA TALAVERA.
- 10:01-10:30 AM **ORAL HEALTH SERVICES PROVIDED BY FOHC ADDRESSING THE ORAL HEALTH NEEDS OF UNDERSERVED POPULATIONS** BY DR. JUAN CARLOS APONTE.
- 10:31- 12:00 PM **ARCORA PANELS: 1.5 HOUR** BY STACY TORRANCE.
A) ACCESS TO HEALTH CARE
B) PREVENTION

Que afecta la salud oral



¿Para que sirve un ITIN?

CHWCMR te ayuda a que puedas OBTENERLO

Beneficios de tener un ITIN:

- Declarar impuestos
- Comprar un
- móvil o casa

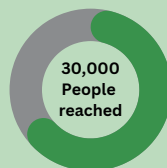
Infórmate

Maria Choqu

ACCOMPLISHMENTS

COVID-19

During 2022, CHWCMR successfully managed 10 projects focused on raising awareness among our Latino children and youth about prevention and the importance of getting vaccinated against COVID-19. These projects included 13 virtual workshops, 11 educational videos, and 4 animated videos, directly benefiting 9,490 people in 41 cities in WA state. We conducted 4 Care-Van for COVID-19 vaccination in Central WA and Thurston working with 21 organizations. We also provided food, personal care products, baby products, PPE, and financial assistance during the quarantine and isolation period.



YOUTH

- HELP ME GROW WA HOTLINE AT 1-800-322-2588
- PARENTHelp123.ORG
- VACCINATE WA: FIND COVID-19 VACCINE PROVIDERS NEAR YOU




© 1 2 3 0

BREAST CANCER

During our second year, CHWCMR work with Fred Hutch in the Cancer Prevention Implementation Study to raise awareness of breast cancer among Latinx women ages 50 and up from rural communities like Skagit, Connell, Yakima, and Olympia.



ACCOMPLISHMENTS ENVIRONMENTAL

Pesticides

CHWCMR is committed to improving biodiversity and reducing human exposure to pesticides in WA. For this reason, CHWCMR has developed 10 educational workshops with 20 CHWs as facilitators in 27 cities in the state of WA, training a total of 100 participants. We have also developed 3 educational videos about real experiences with Pesticides from our communities.




OUR ENVIRONMENTAL PROGRAMS

Community Health Worker Coalition for Migrants and Refugees

PESTICIDES
10 educational workshops were held in rural areas of Washington State. The participants were farm workers and people who handle pesticides.

RECYCLE & COMPOST
Program focused on education and management of recycling and compost in homes. A focus group will be developed in strategic areas of Washington to meet the needs of families in this important environmental issue.

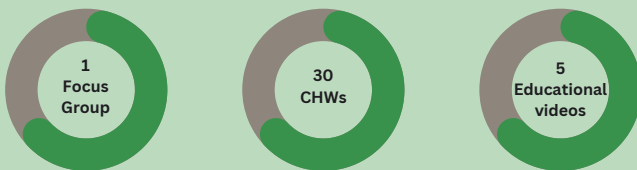
RECYCLING IN THE SONOROMISH COMMUNITY
Focused program for the Sonoromish community and recycling processes that start from home.

To participate in this program contact:
mlazaro@chwcoalition.org

WWW.CHWCOALITION.ORG

Recycling & Composting

The goal of the Recycling and Composting program is to help the public with litter control, waste reduction, recycling, and composting. To achieve this, CHWCMR developed a Curriculum that was evaluated in a focus group by 20 CHWs from 13 cities in the state of WA. Additionally, we developed 5 educational videos with 10 CHWs.




Community Health Worker Coalition for Migrants and Refugees

**GRUPO FOCAL
RECICLAJE & COMPOST**

29 de Noviembre, 2022

Una introducción a los diferentes de plástico

Principios Básicos de Compostaje

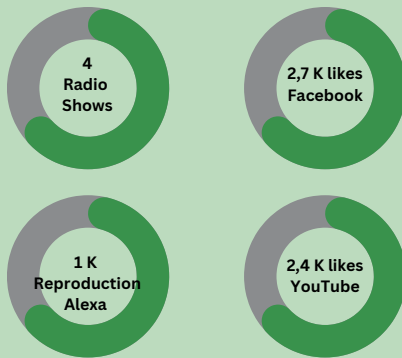
www.chwcoalition.org

ACCOMPLISHMENTS COMMUNICATION

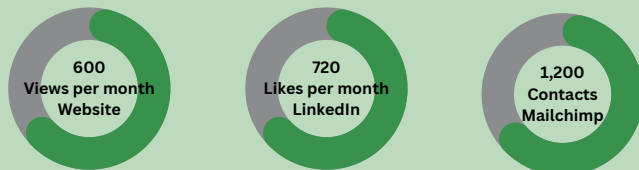
Los Originales CHW Radio

Los Originales CHW Radio is the first Spanish-language radio station in Edmonds, WA and in 2022 its reach has been of such magnitude that we received recognition from the WA State Department of Health for the incredible work that was done so that more people can have access to the vaccine against COVID-19. Likewise, through the radio CHWCMR has promoted the 29 projects that it has developed throughout the year focused on health and social and environmental justice.

Currently, Los Originales CHW Radio has 4 weekly programs that are broadcast on our various platforms.



Social Media



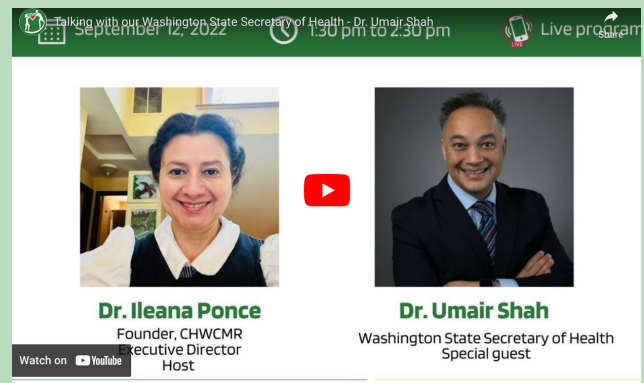

Los Originales
Community Health Worker Coalition for Migrants and Refugees

RADIO SHOWS

- TALKING WITH DR. PONCE-GONZALEZ
Monday 1:30 pm
- CONNECT WITH DANILO
Thursday 4:00 pm
- COFFEE TIME
Wednesday 4:00 pm
- MENTAL HEALTH
Friday 12:00 pm

"The art of communication, is the language of leadership" James Humes

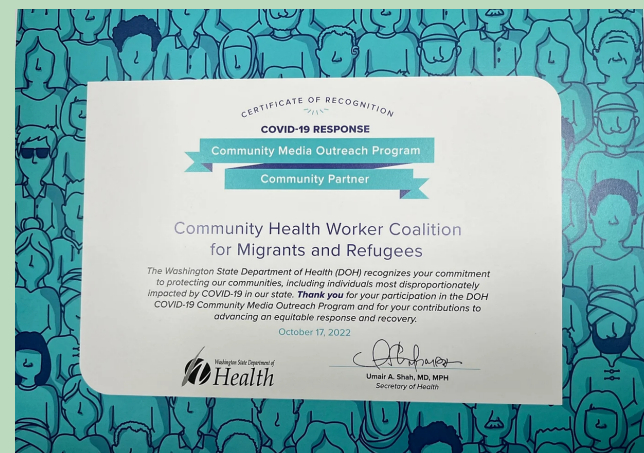
Facebook YouTube Instagram



Talking with our Washington State Secretary of Health - Dr. Umair Shah
September 12, 2022 1:30 pm to 2:30 pm Live program

Dr. Ileana Ponce
Founder, CHWCMR
Executive Director
Host

Dr. Umair Shah
Washington State Secretary of Health
Special guest



CERTIFICATE OF RECOGNITION
COVID-19 RESPONSE
Community Media Outreach Program
Community Partner

Community Health Worker Coalition for Migrants and Refugees

The Washington State Department of Health (DOH) recognizes your commitment to protecting our communities, including individuals most disproportionately impacted by COVID-19 in our state. Thank you for your participation in the DOH COVID-19 Community Media Outreach Program and for your contributions to advancing an equitable response and recovery.

October 17, 2022

Washington State Department of Health
Umair A. Shah, MD, MPH
Secretary of Health

Voices from our Trusted Members of our Communities



My name is Blanca Mendoza, I'm from Mexico and I live in **Sunnyside, WA.**

I am a person who gives service to the community, and when you serve others you feel the satisfaction of seeing how much you can help someone in need, just by listening to them, allowing them to express what they feel.

Thanks to CHWCMR for giving me the opportunity to grow as a person, I have learned a lot here, I have taken several courses and the organization has applied for scholarships so that we can continue preparing ourselves.

I'm Maria Moreno, I'm a CHW from **Lakewood, WA.**

For me it is a pride to be able to be part of the CHWCMR because it has allowed me to help the Hispanic Community that comes to this country and does not know who to trust. It has also helped me with my own self-esteem and my education because through scholarships I have received valuable training to be a Community Health Worker and serve my community.

Thanks to CHWCMR I know I can excel and help others feel supported.



My name is Ingrid Escobar, I am from Honduras and mother of two babies. I currently reside in **Centralia, WA.**

I am one of the lucky ones to be in the "Walking Together Program" support group, being a member is very fortunate because here we find our second family, the one we know is always there to help us, support us and advise us in everything we need. Despite everything, they do not criticize us and always help us find a solution. This group has given me a lot of new knowledge and has helped me adapt to a new country where I felt I had barriers, mainly due to language. Despite everything, it is always good to know that they are there for us, just as they have been for me, so I want to be a person who can help others and be a CHW. God always bless each person who is part of this beautiful organization and those who come.



**We advocate for health, social and environmental justice for
CHWs serving Migrants and Refugees**

BOD

We advocate for health, social and environmental justice for CHWs serving Migrants and Refugees



Jeff Hummel MD, MPH, the Board Chair, is a physician with international and national experience working with Latinx community to improve the health of those who need it the most particularly, migrants and refugees.

Julio Rios, our Financial Officer, is the Director of Corporate And Foundations Relations at Vine Maple Place, a non-profit that provides assistance to single-parent families facing homelessness in South King County.

Michael Parchman, MD, MPH is Secretary of the Board. He is a Senior Investigator at the Kaiser Permanente of Washington Research Institute. He is a nationally recognized scholar in the application of implementation science to improving primary care.

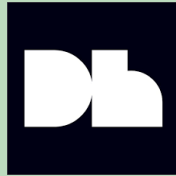
Peggy Chin Evans, PhD, is the CEO OneHealthPort, a business focused on solving health information exchange and workflow problems shared across organizations in the Pacific Northwest.

Ismael Garcia is the son of a migrant family from Wenatchee and is a public high school teacher.

Ileana Maria Ponce-Gonzalez, MD, MPH, the Founder and Executive Director, is a community leader within the Latinx community who started CHWCMR 11 years ago.

THANK YOU TO OUR FUNDERS AND SUPPORTERS!!

Thank you very much to all who believe in the power of the
Community Health Workers



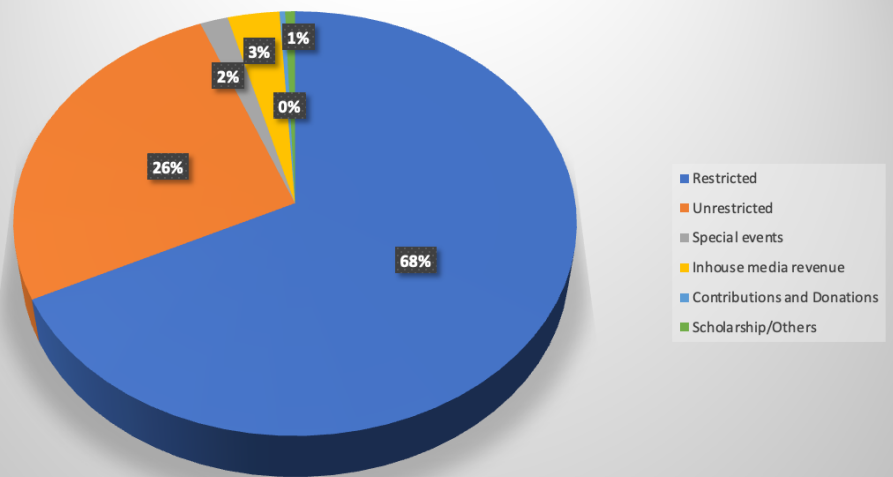
2021 - 2022

Fiscal Year Report

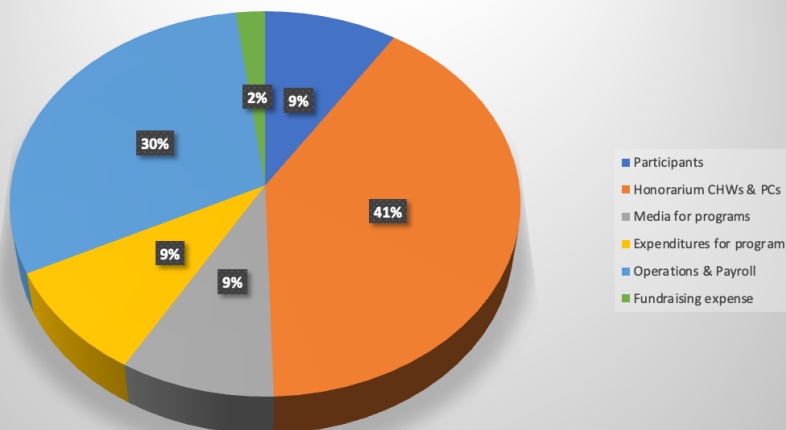
Revenues

Restricted \$ 603,307.81
 Unrestricted \$ 233,601.00
 Inhouse media revenue \$ 29,033.75
 Special events \$ 15,666.93
 Scholarship/Other \$ 5,519.29
 Contributions & Donations \$ 3,151.37
Total Revenue \$ 890,280.15

TOTAL REVENUES - CHWCMR



TOTAL EXPENDITURES - CHWCMR



Expenditures

Honorarium CHWs & PCs \$ 233,014.92
 Operations & payroll \$ 175,082.77
 Participants \$ 53,395.00
 Expenditures of programs \$ 53,546.73
 Media for programs \$ 51,799.75
 Fundraising expense \$ 11,693.35
Total Expenditures \$ 578,532.52

Net Revenue \$ 311,747.63*

* The difference between Revenues and Expenditures is for Grants that will be consumed in 3 years.